

VEGETARIAN  
APPETIZERS  
POTATO AND RED  
PEPPER CUBES {page 20}



HALL OF FAME  
NEW BOOK A TROVE  
OF MANY HOCKEY  
TREASURES {page 16}



CALGARY

metro®

Monday,  
December 12, 2011  
www.metronews.ca



News worth  
sharing.

12 DAYS OF  
GIVEAWAYS  
AT FACEBOOK.COM/  
VIRGINMOBILECAN

Today's prize is one  
of 5 \$100 gift cards  
from The Body Shop.



# Early grinch steals gifts

- ▶ Courtney Mollins-Bidlake noticed Christmas packages were missing from her car's trunk on Wednesday
- ▶ She estimates more than 80 hours of work went into creating the handmade gifts



JEREMY NOLAIS/METRO

▶ Courtney Mollins-Bidlake peers into the trunk of her car, where someone broke in and nabbed personalized presents she planned to send home to family in New Brunswick.

Spending Christmas away from her family is difficult enough, but Courtney Mollins-Bidlake was dealt a blow last week that will make the holiday even more heartbreaking.

For the past month, Mollins-Bidlake, 24, has been working on handmade Christmas gifts to send to her whole family in New Brunswick.

From her parents and siblings, to godchildren and best friend, she made custom paintings on canvas to send to all of them.

"I think it makes it worse because this year my entire family is going to be together without me," she said. "I thought it would be nice if they could all open something that I'd given them at the same time, so it would kind of be like I was there."

Mollins-Bidlake put the wrapped gifts in her trunk last Tuesday before heading to work at the Crowfoot YMCA, where she runs language instruction and leadership programs.

When she went to mail the parcels the next day, she noticed the gifts were gone.

## Big move

- ▶ **East Coast.** Courtney Mollins-Bidlake moved to Calgary five years ago from the East Coast.
- ▶ **Disheartened.** She said she may redo the gifts in the new year, but is too disheartened to finish them before Christmas.
- ▶ **Packages.** She is hoping if the person who stole the items hasn't thrown them out that they may send them to her address, which was written on the packages.

"I literally thought, No, this can't be," she said. "I called my boyfriend and just sobbed."

She said she's had her car broken into before, but she hasn't cared about the items that have been stolen until now.

"I'm not mad, I'm devastated," she said.

"It just makes you lose a little bit of faith in mankind."

Mollins-Bidlake is hoping her misfortune will serve as a reminder to other Calgarians not to leave gifts in their vehicle, even in a locked trunk.

● KATIE TURNER

CBC IS YOUR HOME FOR THE  
*Holidays*

Look **Inside** for your  
holiday schedule





# WHY WAIT?

## BOXING DAY SAVINGS

Trip for 2 to  
Las Vegas  
With Every  
New Vehicle  
Purchase

Pay  
Nothing For  
90 DAYS!

Win up to  
\$10,000 OFF  
your  
purchase

SAVE UP TO  
\$3,000  
WITH CASH  
FOR  
CLUNKERS

Save up to  
\$18,000 on  
remaining  
2011 vehicles

Pay  
Nothing For  
90 DAYS!

Win up to  
\$10,000 OFF  
your  
purchase

Win a  
brand new  
Equinox or  
Terrain

Trip for 2 to  
Las Vegas  
With Every  
New Vehicle  
Purchase

Save up to  
\$18,000 on  
remaining  
2011 vehicles

### BRAND NEW 2011 TRAVERSE

C111347



**\$27,995**

SAVE AN ADDITIONAL \$1000 WITH CASH FOR CLUNKERS

### BRAND NEW 2011 CANYON

P110667



**\$11,995**

SAVE AN ADDITIONAL \$1000 WITH CASH FOR CLUNKERS

### BRAND NEW 2011 CRUZE LS

C111561



**\$13,995**

SAVE AN ADDITIONAL \$500 WITH CASH FOR CLUNKERS

### BRAND NEW 2011 TERRAIN

P110263



**\$24,995**

SAVE AN ADDITIONAL \$1000 WITH CASH FOR CLUNKERS

# Dasher's Back!

Purchase a new vehicle from CMP and be entered to  
win one of twelve grocery dashes from CMP!

3rd ANNUAL CMP AUTOMOTIVE  
**sobeys**  
INC.  
GROCERY DASH



**cmpauto.com 403-705-8381**

errors and omissions exempt, taxes and fees not included, prices include \$1000 minimum Connect and win bonus.



**CORNER OF 16TH AVE & 36 ST. N.E.**  
MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM





## Fight lands man in hospital

One man is in serious condition after a fight erupted in the city's Beltline early yesterday morning.

Police responded to the intersection of 11 Avenue and 5 Street Southwest around 3 a.m. yesterday after reports of a fight in progress.

A 25-year-old man was found with what were first believed to be minor injuries, police said. The man was transported to hospital, where it was determined he had suffered a serious internal head injury and was in critical condition.

The victim underwent emergency surgery, police said, and is now in serious but stable condition.

● METRO

## Surprise coin for Sally Ann

A gold coin that was dropped into in a Salvation Army Christmas kettle in southern Alberta turns out to be worth a whole lot more than a loonie.

That's because the coin is solid gold. The church says the coin was deposited into a kettle in Brooks, east of Calgary, last week.

It was wrapped in a \$5 bill along with a note explaining it was worth \$1,700. There wasn't a name on the note.

The Salvation Army says they're shocked, and grateful, for the donation.

THE CANADIAN PRESS

# Medical aid for city's homeless falling short

► Clinic overwhelmed ► Staff aims to provide discrimination-free treatment



JEREMY NOLAÏS  
@METRONEWS.CA

Treating everything from flesh-eating bacteria to knife wounds, the medical staff at the Calgary Drop-In Centre are kept on their toes but say increasing demand is putting a strain on their minimal resources.

"Nothing walks through that door that can surprise me anymore," explained Sandy Strachan, one of three nurses on site.

A student when she began working at the centre, Strachan was thrust head-first into her most chaotic trauma to date following a stabbing at the centre earlier this year.

While emergency responders waited for police to secure the scene, she rushed to the victim's aid.

"We were there first.... He ended up surviving," she said. "You don't know if you made a difference, but you sure like to think you did."

Despite their efforts, the staff admits they are being stretched beyond their means. The clinic saw a 40 per cent rise in patients last year and that upward trend has continued this year.

Nevertheless, longtime patients like Kevin Weaver say they are grateful for the help offered.

"They have actually done a drivers'-licence medical for me — it would have cost \$100," he said.



► Sandy Strachan, a nurse at the Calgary Drop-In Centre, checks the blood pressure of longtime patient Kevin Weaver.

"It's great."

Perhaps the clinic's most dedicated staff member of all is its lone physician, Dr. Janette Hurley.

She believes shortcomings when it comes to treating the underprivileged extend far beyond her clinic.

"These people have been forgotten in a lot of ways," she said. "We can only improve our community if we work collaboratively."

### Drop-in facts

► Officially, medical staff at the Calgary Drop-In Centre treated 5,040 patients last year or nearly 14 patients per day.

► Medical staff at the centre work from 8 a.m. to 7 p.m. five days a week and also field calls at all hours from other medical centres seeking

treatment advice for homeless patients.

► The drop-in centre will readily take a wide range of items to help enhance its health offerings. Staff on site say they can use everything from expensive technology, such as a defibrillator, to everyday items like cough drops and Band-Aids. For more information, visit thedi.ca.

# 1

  
news


In light of a difficult economy, the Pope reminds the faithful that there's more to Christmas preparations than buying gifts. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at  
metronews.ca

Italy's union leaders say they're going ahead with a call for a general strike to protest pension reform. More at metronews.ca/news

## 3 Free Days. 4 Top Resorts.

### Just \$99 + tax

Louise +PLUS Card

KICKING HORSE  
MOUNTAIN RESORT

Castle  
MOUNTAIN RESORT

REVELSTOKE  
MOUNTAIN RESORT

skilouise.com

Available at:

Sobeys

SPORTCHEK

ATB Financial

Experience  
AMA Travel

## OCCUPY CALGARY

## Group could file appeal by today

**JEREMY NOLAIS**  
@METRONNEWS.CA

Tents no longer occupy the plaza, but the fight isn't over.

That's the message from Tavis Ford, one of the more vocal Occupy Calgary members who spent nearly two months camped in Olympic Plaza.

The demonstrators cleared out early Friday ahead of a court-ordered deadline for them to leave. A group returned later in the day but refused to answer questions from the media.

"We are still going

through the process of appealing that decision," Ford said of the order passed down by Justice Neil Wittmann.

In that appeal, expected to be filed today or tomorrow, the occupiers will again argue that not allowing them to stay in the plaza is a violation of their charter rights.

Regardless of any further court proceedings, Ford said the group will continue to hold general assemblies in hopes of shedding light on a variety of issues.

"There are, I would say, 200 core supporters," he said of the local movement, which branched off from New York's Occupy Wall Street protests. "We have accomplished extraordinary things with extraordinary people. I am quite proud of this."

# Tragic fire, heroic tales

JEREMY NOLAIS/METRO



► Fire crews examine the extensive damage caused by a blaze overnight Saturday.

- Man rushes to aid of neighbours
- Complex likely to be torn down



**JEREMY NOLAIS**  
@METRONNEWS.CA

It appears a devastating blaze late Saturday has left eight Calgary families without a home for the holidays. But heroic actions of a few likely prevented anyone from being hurt.

Shortly before midnight, neighbour Grant Davidson noticed an orange glow coming from the eight-unit complex across the parking lot from his home in the 500 block of Woodridge Terrace Southwest.

Realizing it was fire, he raced across and began knocking on doors.

Davidson managed to wake most of the residents and even helped one lady search for her cat. Afterwards, he helped keep his distraught neighbours

### Helping hands

► The Calgary Housing Authority was providing assistance to five families affected by the blaze yesterday and the Red Cross had come to the aid of two others, said fire Battalion Chief Al Magwood.

comfortable, bringing them clothing and food.

"I just did what I could, figured I was doing the right thing," he said, remaining modest.

Other reports from people on scene yesterday indicated a woman in her mid-20s carried her disabled mother down a flight of stairs to safety.

"(For this) to happen two weeks before Christmas is a tragedy," said fire Battalion Chief Al Magwood.

## The newest BlackBerry® are here



# \$20/month

**Unlimited BlackBerry® plan including**  
unlimited data, BlackBerry® Internet Service, talk & text

**Offer Ending Soon**

**mobilicity.ca 1-877-8MOBIL8**

Taxes are extra. Limited time offer and while supplies last. Offer valid only at participating locations listed here. Receive 'Unlimited Talk, Text, Data and BlackBerry® Internet Service from \$20' for 6 months with any new activation and for 12 months with any new activation while on preauthorized credit. Terms and conditions apply. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. All features included in each plan must originate within the Mobilicity Unlimited Zone. Premium and special numbers are excluded. Additional terms and conditions apply. Subject to change without notice. © 2011 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

**mobilicity**  
Now that's smart.

### Mobilicity Stores

Sunridge Mall  
Northland Village Mall  
Deerfoot Mall  
Pacific Place Mall  
Marlborough Mall

Westbrook Mall  
Unit 333, 329 17 Ave SW  
6219 Centre St NW  
4805 17 Ave SE  
Unit 195, 1518 Centre St NE  
Unit 101, 77 Castleridge Blvd NE

### Authorized Dealers

Great Tel Mobility:  
Unit 101, 4908 17 Ave SE  
Dollar Store:  
Unit 5, 12 Castleridge Dr NE  
Rocky Mountain Computer Repair:  
Unit 307, 3200 Glenmore Tr SE  
Mobile Zone:  
Unit 101, 2640 52nd St NE  
Express Computer Store:  
Unit 210, 9737 MacLeod Tr SW  
Ascot Business Systems:  
Unit 104A, 3716-61 Ave SE

Rojin Bakery & Food Market Inc:  
Unit 8, 4105 4th St NW  
Sol Optix: 628 B 17th Ave SW  
M&C Food Mart:  
1412 9th Ave SE  
Stanley Park Grocery:  
4649 MacLeod Tr SW  
Centex Petroleum:  
Unit 808, 19th St SE  
Hing Wah Imports:  
312 Centre St SE  
IC Computers: Unit 122, 3715 51st St SW





what  
do you  
**WISH**  
for?



**TODAY ONLY!**  
**30% OFF** \*ALL CUISINART®  
REG. PRICED SMALL  
APPLIANCES

Shown: **\$40 OFF**. Cuisinart 'Brew Central' 12-cup coffeemaker. **NOW 79.99**. Sears reg. 119.99 ☎ 118 480 149 ⓘ 1180149

Plus, **30% OFF** ALL Breville®, Hamilton Beach and Rowenta reg. priced small appliances



**\$70 OFF**

**CRAFTSMAN®/MD**  
**72-PC. MECHANICS' TOOL SET**

Lifetime warranty;  
details in store.  
#44075

**NOW 49.99**  
Sears reg. 119.99



**30% OFF**

**ROWENTA®**  
**PRECISION VALET**  
**COMMERCIAL**  
**STEAMER**

**NOW 118.99**  
Sears reg. 169.99

☎ 118 480 384

ⓘ 1180384

Plus,  
**ALL ROWENTA & T-FAL®**  
reg. priced small appliances  
and garment care appliances  
**ON SALE**



**89.99**

**HAMILTON BEACH®**  
**ORBITAL**  
**STAND MIXER**

Sears reg. 129.99  
ONLY AT SEARS

☎ 118 480 247

ⓘ 1180247

Plus,  
**30% OFF ALL OTHER**  
**HAMILTON BEACH**  
reg. priced  
small appliances



**GIFT CARDS**  
TO FULFILL EVERY WISH

☎ **CALL**  
1.800.267.3777

ⓘ **CLICK**  
sears.ca

🏠 **COME IN**



Starting from \$10

**Sears**®

\*This savings offer excludes items with prices ending in .97, Special Purchases, Cuisinart popcorn maker #81932 and Cuisinart Breakfast Central #81102.  
SALE PRICES IN EFFECT MONDAY, DECEMBER 12, 2011, unless otherwise stated, while quantities last.

NE123G311 © 2011, Sears Canada Inc.

☎ Shop by phone 1-800-267-3277 ⓘ Shop online at sears.ca

sears.ca

► The Metro Global Photo Challenge is over ► The general public and our local judges have chosen the top Canadian finalists, who will now go on to compete against other international entries for a chance to win the global grand prize — a trip to any city where Metro is published

# Canucks snap, share for top prize

## Environment

### Ghost House by Mauricio Correa

#### What was your inspiration?

This is an old and abandoned house near Quebec's Lac-Mégantic. This decaying house stands alone in the middle of a verdant landscape.

#### What were you trying to say with this picture?

I meant to capture the co-existence of decay and fertility. In nature, there is a cycle from birth to death. Here the landscape represents the eternal, the house, all that is transient. This old house epitomizes emptiness, solitude, decay. It is a ghostly testimony of better



times, something that cries out for care and attention. The green landscape and the tree in full foliage symbolize the hope of life everlasting.

#### What do you hope people take away from your picture?

Nothing lasts like an image of transient nature frozen in time by the photographer's lens. There's still time to rebuild this planet.

MAURICIO CORREA

## Environment

### Froggy Froggy by Laura Makaltses

#### What was your inspiration?

I caught this photograph when I was hiking with my friend. We were walking by a pond when we heard the sound of the frogs croaking. The sound was so tranquil. I wanted to see where it was coming from. My friend and I found the frog and I took this shot. I was truly inspired by the sounds of nature.

#### What were you trying to say with your picture?

I am capturing the personality of the frog and its environment.

#### What do you hope people take



#### away from your picture?

I hope people will understand the beauty of frogs and all animals. Many species all over the world become endangered every day. I hope that, after seeing my photograph, people will realize that we need to help keep our world's biodiversity alive.

LAURA MAKALTSSES

## Imagination

### Sharp Mind by Adhi Kusumawardana

#### What was your inspiration?

I was inspired by a good friend who is a successful photographer and also an art director. He is a smart, talented and witty artist — his ideas are brilliant — but, as a person, very humble and down-to-earth.

#### What were you trying to say with your picture?

I was trying to show how success and prosperity will come to people who are sharp, virtuous and bold.

#### What do you hope people take away from your picture?

I hope that people enjoy the



image as much as I enjoyed taking it.

ADHI KUSUMAWARDANA



# NORTHLAND KIA



THE BEST IN EVERY WAY

|   |   |   |  |   |
|---|---|---|--|---|
| <p>2005 CADILLAC DTS</p>  <p>Stock #K51195A</p> <p><b>\$15,615</b></p>  | <p>2011 FORD FIESTA SE</p>  <p>Stock #97396P</p> <p><b>\$156<sup>B/W</sup></b></p> | <p>2008 FORD MUSTANG</p>  <p>Stock #97377P</p> <p><b>\$13,960</b></p> | <p>2011 KIA SOUL 4U</p>  <p>Stock #97399P</p> <p><b>\$19,998</b> <b>\$139<sup>B/W</sup></b></p> |   |
| <p>2005 KIA SORENTO LX</p>  <p>Stock #97400P</p> <p><b>\$13,878</b></p> | <p>2006 KIA SEDONA LX</p>  <p>Stock #97406P</p> <p><b>\$139<sup>B/W</sup></b></p>  | <p>2010 KIA RIO EX</p>  <p>Stock #97401P</p> <p><b>\$11,973</b></p>   | <p>2011 FORD FUSION SPORT</p>  <p>Stock #97421P</p> <p><b>\$119<sup>B/W</sup></b></p>           | <p>2010 JOURNEY R/T</p>  <p>Stock #97409P</p> <p><b>\$12,994</b></p> |
|   |   | <p><b>\$99<sup>B/W</sup></b> <b>\$26,979</b> <b>\$199<sup>B/W</sup></b> <b>\$25,981</b> <b>\$189<sup>B/W</sup></b></p>                                    |  |   |

ALL OFFERS "INCLUDE" TAXES AND FEES, ARE BASED ON 6.49% WITH ZERO DOWN, ON AMORTIZATIONS FROM 60 - 84 MONTHS OAC\*. SEE DEALER FOR INDIVIDUAL VEHICLE DETAILS. AMVIC LICENSED. E & OE. OFFERS EXPIRE ON (DATE TBD).



## Imagination

### Christmas Spirit at Niagara Falls by Ling-fai Leung

**What was your inspiration?**  
Photography is an amazing form of art to let people visualize the internal feeling of a subject from its surroundings. There is beauty around all of us. One needs to be able to visualize this and record it to photos.

**What were you trying to say with your picture?**  
I am always drawn to Niagara Fall's Evening Illumination, when different colours of light shine on the falls. This picture

was taken at the balcony of Fallsview Casino Dec. 18, 2008. It was a quiet evening, snow could still be seen on the streets and rooftop and smoke coming from the chimney stack of the highrise building. I used slowest exposure to capture the water movement. It showed a very warm, romantic feeling of Christmas spirit.

**What do you hope people**



LING-FAI LEUNG

**take away from your picture?**  
I hope from this picture we can sense the peace and harmony of Christmas and feel how lucky we are to share this feeling with friends and family.

## Relationships

### Silhouette Heart by Emma Haidar

**What was your inspiration?**  
Taken on my birthday, my inspiration was to get a unique photo that shows love and the waterfront — two beautiful things in one, captured artistically.

**What were you trying to say with your picture?**  
A silhouette is a perfect way

to express something latently. The contrast makes the message stronger, in my opinion, and it showcases my husband and me, tells our love story.

**What do you hope people take away from your picture?**  
"I hope they appreciate the



EMMA HAIDAR

artistic elements, and are inspired to take photos that tell their story without being the only subject of the image.

## Moments of my life

### Business Shower by Felix Renaud

**What was your inspiration?**  
A friend came up with the idea of taking a picture of him wearing his old jacket. We asked ourselves: How can a businessman be out of context? In a shower, of course!

**What were you trying to say with your picture?**  
It's a funny way to describe a guy's normal morning in 2011. Everything is so fast and mechanical.



FELIX RENAUD

**What do you hope people take away from your picture?**  
Whatever you do, there are only 24 hours in a day.

## Moments of my life

### Splash by Laura Makaltses

**What was your inspiration?**  
It was the very last day of summer. The sun was setting and my friends and I were still enjoying our last moments by the lake. I wanted to capture the moment.

**What were you trying to say with your picture?**  
Summer doesn't last forever and we have to live every moment ... to its full potential.



LAURA MAKALTSSES

**What do you hope people take away from your picture?**  
"I hope ... people will remember some of their own holiday and summer moments. I want my photo to bring a smile to their faces."



SARAH FORBES

## Relationships

### Best Friend Four Leaf Hunters by Sarah Forbes

**What was your inspiration?**  
I was inspired by the relationship that my daughter and pet were developing.

**What were you trying to say with your picture?**  
I was trying to capture the unspoken understanding between my daughter and pet. This photo captures the early stages of their relationship and the joy they both shared being outdoors.

**What do you hope people will take away from your picture?**  
I am hoping people see the innocence of a young child and the love and protection our pet brings to our family.

● METRO



*"When my friends ask how I get such a good deal I just tell them, go with WIND!"*

\*James C. of Ottawa  
WIND CUSTOMER SINCE OCT 2010

THAT'S THE POWER OF  
**WIND**™

# OUR HOLIDAY GIFT TO YOU.

JOIN TODAY ON ANY REGULAR UNLIMITED PLAN AND GET A GIFT FROM WIND.

HOLIDAY GIFT

**\$200**

service credit



\$95  
NOW ONLY  
**\$49**

Samsung C414

LIMITED TIME  
BEFORE XMAS

Full details at **WINDmobile.ca**

Conditions apply. Receive a \$200 service credit on any new activation of a pre or post paid voice plan valued at \$25/month or higher. \$8 will be credited to your active account every month for 2 years with a \$16 credit on the 24th month. This offer cannot be combined with the Oh Canada promotional offer or Pay Your Way. Learn more at WINDmobile.ca. WIND and WIND MOBILE are trademarks of Wind Telecomunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2011 WIND Mobile. All other trademarks are the property of their respective owners.



# Tories take to Twitter

► Staffers will respond to questions submitted in English and French at Treasury Board's town hall ► Clement to provide answers

## NDP MP riled

- While the Opposition commended the idea of the consultations, NDP MP Charlie Angus scoffed at the idea that it represents a commitment to open government.
- Angus was particularly riled that it is Clement heading up the initiative, given the NDP's assertion that Clement has misled Canadians on the handling of funds allocated for the G8/G20 summits.
- "Because he goes on Twitter and uses words like crowdsourcing, people are going to be fooled," Angus said.
- "Open and accountable government is knowing how decisions are made."

The Conservatives are finally putting the social into their use of social media.

Treasury Board president Tony Clement will host the government's inaugural Twitter town hall this Thursday, taking questions for 90 minutes on the subject of developing an open government strategy for Canada.

While many MPs, as well

as government departments and agencies, use social media tools like Facebook, Twitter and YouTube, they've all faced criticism for only using them as ways to push out information rather than interact in real-time with citizens.

That Clement is hosting the first live social media event isn't an accident.

His nickname in government circles is the "Minister for Twitter." He has over 19,000 followers and has used social media to make pronouncements of government policy as well as to speak directly to Opposition MPs, the media and Canadians, sometimes much to the chagrin of the prime minister's office.

THE CANADIAN PRESS

## Social media

### RISKY MOVE FOR CLEMENT?

Digital public affairs strategist Mark Blevis said Tony Clement is taking a risk with holding the formal Twitter event.

There will be inevitable

criticism of which questions are and aren't answered and there's the possibility that many won't be on topic.

But Blevis cautioned

against undue criticism, noting the government has to be given the chance to make mistakes in figuring out how to use social media. THE CANADIAN PRESS



► Treasury Board president Tony Clement reads from an iPad as he responds to a question during question period in the House of Commons recently.

Shell  
**FuellingChange™**

# 54 ENVIRONMENTAL PROJECTS. \$1 MILLION. YOU DECIDE.

With your help, FuellingChange™ awards \$1 million towards environmental projects to improve, restore and protect Canada's Land, Air and Water.

Get involved! Keep your receipts from Shell, redeem codes online and vote for your favourite environmental projects at [www.fuellingchange.com](http://www.fuellingchange.com)

**100  
YEARS**  
1911 ♦ 2011





# SUNDAY, DECEMBER 11 TO FRIDAY, DECEMBER 16

# 20x

## THE SHOPPERS OPTIMUM POINTS®

WHEN YOU SPEND \$100 OR  
MORE\* ON COSMETICS  
OR FRAGRANCES.

**MORE  
BEAUTY,  
MORE  
POINTS!**

**INCLUDES ALL BRANDS OF:**

**MAKE-UP • FACIAL SKIN CARE • HOSIERY • WOMEN'S & MEN'S FRAGRANCES  
JEWELLERY • HAIR COLOURING • BATH FOAM & GEL • NAIL CARE**



**\$75**  
each

**FRAGRANCE SAMPLER BOX FOR HIM OR HER**  
Includes fragrance certificate for a full-size bottle of their favourite one. While quantities last. No rainchecks



**\$39**  
each

**EYE STUDIO SAMPLER**  
Including 4 deluxe mascaras, liquid liner and a certificate for the full size product of your choice. While quantities last. No rainchecks



**\$57**  
set

**JUSTIN BIEBER SET**  
Christmas set contains: Eau de Parfum (50mL), Body Lotion and Body Wash (100mL)



**\$32**  
set

**BENEFIT DOUBLE THE BAD SET**  
Set contains: Mascara and extra black waterproof eye pencil



**\$47**  
set

**BIOTERM AQUASOURCE SET**  
Set contains: Biosource Cleansing Mousse (50mL), Biosource Lotion (125mL), Aquasource Gel (50mL)



from  
**\$16**  
each

**LISE WATIER HOLIDAY COLLECTION**  
Selected Types



**\$70**  
set

**TAYLOR SWIFT WONDERSTRUCK SET**  
Set contains: Eau de Parfum Spray (50mL), Shower Gel (100mL), Mini Parfum (5mL)



**\$85**  
set

**MARC JACOBS OH, LOLA! SET**  
Set contains: Eau de Parfum Spray (50mL), Sheer Body Lotion and Fresh Shower Gel (75mL)

\*Offer valid on the purchase total of eligible products using a valid Shoppers Optimum Card® after discounts and redemptions and before taxes. Excludes bonus points and Shoppers Optimum® MasterCard® Points. Not to be used in conjunction with any other Shoppers Optimum Points® promotions or offers. See cosmetician for details. Offer valid Sunday, December 11 to Friday, December 16, 2011.

**SHOPPERS  
DRUG MART**





► Russian nationalists shout while holding old Russian imperial flags during their rally yesterday in St. Petersburg. Russian nationalists are demanding a bigger say for ethnic Russians in the country's politics.

## Medvedev promises election-fraud probe

- Russian president makes announcement on Facebook
- Tens of thousands turn out for protests on Saturday

Russian President Dmitry Medvedev announced on his Facebook page yesterday that he has ordered a probe into the allegations of electoral fraud during the country's Dec. 4 parliamentary vote.

Many Facebook users asked Medvedev whether he really disagrees with the protest's main slogan, "We're for fair elections." Some wrote that Medvedev's message made them even more determined to take part in the next planned rally against electoral fraud — on Dec. 24.

Tens of thousands of Russians rallied in Moscow and other cities on Saturday in

**2,200**  
Medvedev's post generated over 2,200 mostly angry comments within an hour. "Shame!" and "We don't believe you!" were the most common.

the largest anti-government protest in the nation's post-Soviet history to protest alleged fraud in the parliamentary election and to demand the departure of Prime Minister Vladimir Putin.

Medvedev yesterday broke two days of silence by

posting a comment on his Facebook page.

"I disagree with the slogans as well as with the speeches that were made at the rallies," he said, but added that he gave instruction for a check of the reports of fraud. He did not mention who would carry out the probe.

Unlike Putin, the tech-savvy Medvedev, Russia's president since 2008, has enjoyed some support among an educated urban elite. But an announcement in September that he will step aside to let his mentor Putin run for a third term as president has angered many Medvedev supporters. **THE ASSOCIATED PRESS**

# Quest to end Hunger

**HELP US FILL A NISSAN QUEST**  
WITH FOOD FOR THE  
MAYOR'S FOOD DRIVE

**VOTE FOR YOUR FAVOURITE "FOOD ART SCULPTURE" TO WIN PRIZES**

**2011 MAXIMA**  
\$43,420  
\$264B/W\*

**2011 (2 AVAILABLE) 370Z TOURING**  
FROM \$40,538  
\$247B/W\*

**2011 (LAST ONE!) JUKE SL**  
FROM \$25,943  
\$158B/W\*

**2011 (7 AVAILABLE) TITAN SL CREW CAB**  
FROM \$40,178  
\$244B/W\*

**2011 (8 AVAILABLE) TITAN KING CAB**  
FROM \$23,478  
\$143B/W\*

**2011 (7 AVAILABLE) QUEST**  
\$33,698  
\$205B/W\*

**TEST DRIVE ANY NEW/OR USED VEHICLE AND HAVE A CHANCE TO HAVE YOUR CREDIT CARD PAID OFF!†**

**DON'T PAY FOR 4 MONTHS!**

**BRING IN A GROCERY BAG OF FOOD AND WE'LL GIVE YOU A FREE CAR DETAIL (HANDWASH & VACUUM)**

† UP TO \$3000  
\* 5.99% OVER 96 MONTHS WITH \$0 DOWN PAYMENT. TAXES AND FEES NOT INCLUDED. VEHICLES MAY NOT BE EXACTLY AS SHOWN.

**SUNRIDGE NISSAN**

3131 32 Ave NE  
Calgary, AB  
403-705-8409  
www.sunridgenissan.com

## Alberta Security Training Academy



### Security Guard Training

Licensed by the Solicitor General & Ministry of Public Security

- Alberta Basic Security Training
- PPCT • First Aid/CPR
- Private Investigation Course

Now booking for evening courses

**PLEASE CALL 403-453-1186**

[www.albertasecuritytrainingacademy.ca](http://www.albertasecuritytrainingacademy.ca)

[info@albertasecuritytrainingacademy.ca](mailto:info@albertasecuritytrainingacademy.ca)





MEMBERS GET

# UNLIMITED TALK & TEXT AND CANADA-WIDE CALLING.



Plus, get the smartphones you really want from \$0 and get it all on the Virgin Mobile SuperTab™.



Samsung GALAXY Gio™

\$0



htc Wildfire S™

\$0



LG optimus CHIC™

\$0

GET NON-STOP  
BENEFITS  
FROM DAY 1.



IT'S BETTER TO BE A MEMBER

Visit [virginmobile.ca/unlimited](http://virginmobile.ca/unlimited)

Virgin mobile THE SOURCE FUTURE SHOP Walmart BEST BUY mobile LONDON DRUGS Visions WIRELESSWAVE booth.wireless WIRELESS etc... Costco THE MOBILE SHOP

Limited time offer. Available on Talk and Text plans. Taxes not included. Only valid on new activations with a 3-year term or on the Virgin Mobile SuperTab™. Cannot be combined with any other offers, unless otherwise indicated. In-store credits and gift cards available at Virgin Mobile stores only for a limited time, may vary by retailer and cannot be combined with any other offers unless otherwise indicated. Some phone models and colours may not be available at retailers. Member Benefits are subject to change or cancellation at any time. The VIRGIN trademark and family of associated marks are owned by Virgin Enterprises Limited and used under licence. All other trademarks are trademarks of Virgin Mobile Canada or trademarks and property of the respective owners.



# PM decries Egypt's weak economy

IMF projects Egypt's economic growth to be only 1.2 per cent this year, down from around 5 per cent in 2010

Egypt's new interim prime minister broke into tears yesterday as he spoke about the state of the country's economy, saying it was "worse than anyone imagines."

Egypt's transition in the months since Hosni Mubarak's ouster has been rocky, with protests against the military council leading the process, an increase in crime and the battering of the tourism industry that was once a pillar of the economy.

Kamal el-Ganzouri, the third temporary prime minister since Mubarak's ouster in February, said his priorities were the restoration of security and economic progress.

At one point in his news conference, el-Ganzouri teared up as he recalled seeing "an Egyptian man on TV saying, 'I want security,

## Interim leader

El-Ganzouri blamed the last decade of Mubarak's 30-year rule and the corruption that took place then for the ballooning deficit.

El-Ganzouri is himself a Mubarak-era prime minister who served from 1996 to 1999, but he has not been tainted by corruption.

not bread."

He said austerity measures were needed to start reducing the deficit but that no new taxes will be imposed.

El-Ganzouri said his government will not consider loans from the International Monetary Fund until the outlook of the Egyptian budget becomes clear.

THE ASSOCIATED PRESS



► An Egyptian army officer stands guard near a poster mocking the ruling military council at a protest encampment in front of the cabinet building in Cairo yesterday.

NASSER NASSER/THE ASSOCIATED PRESS

We're looking for

## CANADA'S TOP 25 IMMIGRANTS!

2012 TOP 25 CANADIAN IMMIGRANTS

canadianimmigrant.ca

## Nominations Now Open

Seeking to uncover and celebrate the stories and remarkable achievements of outstanding Canadian immigrants, this national people's choice award is the only one of its kind that recognizes individuals who've made a difference since their arrival in Canada.

If you know an immigrant who has made a positive impact – large or small – to the fabric of Canada, you can go online and nominate him or her today at [canadianimmigrant.ca/top25](http://canadianimmigrant.ca/top25).

[canadianimmigrant.ca/top25](http://canadianimmigrant.ca/top25)

Presented by RBC Royal Bank® Media Partners

© / TM Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

## Suncor pulls out of Syria

JEFF MCINTOSH/THE CANADIAN PRESS

Canadian oil giant Suncor Energy Inc. says it is pulling out of Syria in order to comply with new international sanctions aimed at further isolating the regime of President Bashar Assad.

"Our thoughts are with the Syrian people as we hope for a return to peace as soon as possible," Suncor CEO Rick George said in a statement.

Pressure has been mounting on Suncor to pull out of the country since the sanctions took effect earlier this month. The Calgary-based company had previously said it would



► A pedestrian is reflected in a Suncor Energy sign in Calgary.

continue its operations in Syria despite earlier international sanctions targeting the country's oil and

gas exports. But after a careful review of the latest sanctions announced by the European Union on Dec. 2,

## Market moment

| TSX                         | Dollar                         |
|-----------------------------|--------------------------------|
|                             |                                |
| + 82.95<br>(12,034.75)      | + \$0.4¢<br>(98.19¢ US)        |
| Oil                         | Natural gas                    |
|                             |                                |
| + \$1.07 US<br>(\$99.41 US) | \$3.32 US<br>(- 14¢ US)        |
|                             | Gold                           |
|                             | + \$1,716.80 US<br>(+ 2.60 US) |

the company concluded they applied to Suncor.

THE CANADIAN PRESS

## NEED MONEY TODAY TO CONSOLIDATE YOUR DEBTS

into one low monthly payment? Renovate your home?  
Start a new business? Go on a holiday?

Unlike the banks, we can often have your loan approved  
the very same day - regardless of credit.

Call BH Loans  
at 403-862-3341  
and we will loan you the money.  
[bhloansltd@gmail.com](mailto:bhloansltd@gmail.com)

## Immigration & Visa

Immigration Consulting Group - 2nd floor, 638-11th Ave., SW, Calgary

## Spousal Sponsorship & Appeals

LMO & Work Permit Applications  
Temporary Foreign Worker to  
Permanent Resident

PR & Citizenship  
Visitor & Student Visas

Licensed Immigration Consultant

[www.gocanadavisa.com](http://www.gocanadavisa.com)

Consultation Appointment Call: 403.827.3853

JAY CHAHAL, M.A. Member: ICCRC  
[jay\\_chahal@shaw.ca](mailto:jay_chahal@shaw.ca)

Commissioner  
for Oaths



# YOU GET ONE CHANCE TO MAKE A GOOD FIRST IMPRESSION

## HIGH PLAINS DRIFTER

JAMES CALLSEN  
METRO CALGARY



Alison Redford's first impression as premier is coming across less as a handshake and more as a punch in the mouth.

In her first (shortened) sitting in the legislature as the

leader of the PCs and our province, she's managed to ram three bills into law through tough, late-night sessions, drawing the ire of the opposition and everyday Albertans alike.

Of course the most contentious of this is Bill 26 — the hard-as-nails crackdown on impaired (and not-so-impaired) driving.

One could easily argue the Redford Tories are working in a fast, efficient manner, putting in work before the Christmas break; however many in this province, including dozens of callers to the X92.9 radio station, are hopping mad. Not necessarily at the strictness of the Bill 26, but the fact that something that will affect almost every driver in this province was put together and voted through the legislature with zero consultation from everyday Albertans.

It seems strange to me that a government typically quick to hold community panels, surveys and studies seeking public input on

myriad subjects appears uninterested in what the public has to say on the topic of drinking and driving.

Throughout several discussions on the topic of Redford, provincial politics and Bill 26 on the X92.9 airwaves last week (yes, people who like loud rock 'n' roll also like talking politics), my co-worker Fraser Tuff succinctly summed up his feelings on Redford's first days in power:

"It's like the first day your girlfriend moves in with you. You get home from work, the furniture is moved around, down go the band posters, up go the Anne Geddes pictures and your favourite T-shirts have been cut up into rags."

It's a heck of a way to make a first impression on an already skeptical voting public — many of whom see Redford as her own party's third choice. Combine that with the old-school Klein-era cabinet members leaving the ship (or being told to leave, depending on whom you talk to), and it feels like the premier's first days on the job are coming with less of a warm smile and more of a cold stare.

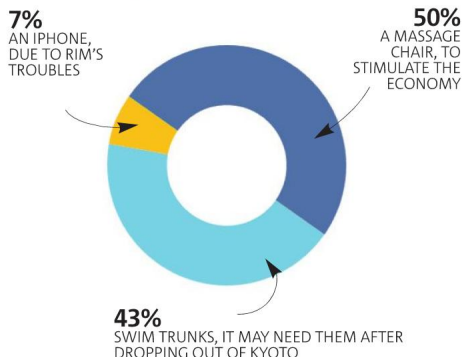
If Redford truly believes she is working on behalf of all Albertans, she may want to actually take the time to speak with them before tabling the next controversial bill.

James Calsen is the news voice on one of Calgary's top rock stations, x92.9. Follow him on Twitter @newsboycallsen



Register at  
[metropolitanpanel.ca](http://metropolitanpanel.ca)  
and take the quick poll

What present would you give Canada for the holidays?



### Local tweets



- ▶ @shilparai: The snow just keeps on coming!! Why #yyc
- ▶ @bechardl: Beginning to look a lot like Xmas in #yyc :)
- ▶ @NonsuchDave: There are robins in the backyard - shouldn't they have all flown south by now? #yyc
- ▶ @recreateit: Perfect Sunday afternoon at the lazy loaf #yyc
- ▶ @Canuck\_Plumber: To those that await snow; please be patient. Calgary will send it out to you when we're done with it. #anytimenow #yyc
- ▶ @AdamDryb: Bike tracks in the snow in front of my house... That is one committed cyclist. #yyc
- ▶ @trantheresaa: @calgary-transit The 506 driver right now is such a nice man! Made my day! #yyc #yycransit
- ▶ @twinspeed: Beautiful snowy day in #yyc unless you have to drive anywhere. #walkinginkensington

### Daily Zoom



## The moon, where shall I leave it?

### Crane 'carries' moon in illusion

SWITZERLAND. They're good at banking, making cuckoo clocks and chocolates, and it looks like the Swiss are also handy at getting a hook onto the moon. In truth, this is just an optical illusion, an amazing example of forced-perspective photography. Bruno Gerber took this shot from his friend's roof terrace in Bern. ● METRO WORLD NEWS



"I waited seven minutes for the moon to rise and get 'hooked' onto the crane."

BRUNO GERBER,  
AMATEUR PHOTOGRAPHER

### 'Keep eyes open' for visual gag

EXPERT TIPS. The 37-year-old corporate lawyer from near Zurich offers advice on a mind-boggling image: "Keep your eyes open, think ahead (e.g., where the moon or sun will go, how a shadow moves) and don't sit idle. But I'm not a fan of overly set up, silly illusion shots with people." ● METRO WORLD NEWS



METRO CALGARY • Unit 120, 3030-3 Avenue NE, Calgary, AB • T2A 6T7 • T: 403-444-0136 • Fax: 403-539-4940 • Advertising: 403-444-0136 • [adinfo@calgary.metronews.ca](mailto:adinfo@calgary.metronews.ca) • [calgary\\_distribution@metronews.ca](mailto:calgary_distribution@metronews.ca) • Vice-President and Group Publisher, Metro Western Canada Steve Shroot, Managing Editor Darren Krause, Advertising Sales Manager Chris Mackie, Distribution Manager Dave Mak • METRO CANADA: President and Publisher Bill McDonald, Vice-President, Sales Quin Millar, Vice-President, Business Ventures Tracy Day, Vice-President, Marketing & Interactive Jodi Brown, Editor-in-Chief Charlotte Empey, National Deputy Editor Fernando Carneiro, Managing Editor, News & Business Amber Shortt, Managing Editor, Life & Entertainment Dean Lisk, Managing Editor, Night Production Matt LaForge, Associate Managing Editor, News & Business

Kristen Thompson, Art Director Laila Hakim, National Sales Director Peter Bartrem, Director, Marketing & Research Robyn Payne



## Home Phone



All Features  
**FREE!**

- **FREE** Voicemail
- **FREE** Caller ID
- **FREE** Call Waiting
- **FREE** Call Forwarding
- and much more...

Keep your existing phone number

### Unlimited Local

- ✓ Unlimited local calling
- ✓ 14 free features



**\$14<sup>95</sup>**  
/month

### Unlimited Canada

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited Canada calling



**\$19<sup>95</sup>**  
/month

### Unlimited Globe

- ✓ Unlimited local calling
- ✓ 14 free features
- ✓ Unlimited North America calling
- ✓ Unlimited calling to almost 60 countries



**\$29<sup>95</sup>**  
/month



Limited Time Offer:

**6 Months FREE**

Your Satisfaction is Guaranteed or You Pay Nothing!



**1-866-769-9603**



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. COMWAVE PHONE 100% PLAN 011 has certain limitations and is restricted to U.S. and Unlimited Plans do not include calls to the Yukon, Nunavut, N.W.T., Alaska and Hawaii. The 6 Month Free Promotion is based on a 24h term and includes a 30-Day Satisfaction Guaranteed period. The Global Plan includes a 30-Day Satisfaction Guaranteed period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 90 days, you will receive an additional 1 month free for a total of 7 months free. Terms and conditions apply, see www.comwave.ca for details.



## Long Distance



## Lifetime Rate Guarantee

- No matter where you call, anywhere in the world
- No matter what rate you currently pay with your provider

Comwave will beat it... **GUARANTEED**

### 1 Cent to India

1000 minute bundle  
only \$10/month



Australia.....1.9 C/min

Bangladesh.....3.9 C/min

Bosnia.....13.9 C/min

China.....1.9 C/min

Colombia.....3.9 C/min

Cuba.....89.9 C/min

El Salvador.....9.9 C/min

Germany.....1.9 C/min

Iran.....5.9 C/min

Israel.....1.9 C/min

Italy.....1.9 C/min

Lebanon.....7.9 C/min

Mexico.....1.9 C/min

Pakistan.....5.9 C/min

Philippines.....11.9 C/min

Poland.....1.9 C/min

Romania.....1.9 C/min

Russia.....1.9 C/min

South Korea.....2.9 C/min

Sri Lanka.....9.9 C/min

Trinidad.....4.9 C/min

U.A.E.....14.9 C/min

Ukraine.....7.9 C/min

U.K.....2.9 C/min

Vietnam.....4.9 C/min

Serbia.....7.9 C/min

### Unlimited Canada



Unlimited calling to  
anywhere in Canada

30 Minutes  
Every Month

(To Canada & USA)

Satisfaction Guaranteed... No Contracts

# FREE



## 1-866-769-9603



While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. LONG DISTANCE: Lifetime Rate Guarantee is based on competitors lowest advertised rate for like services. Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Bundled minute plans cannot be shared by more than one line. Unlimited minutes from one month do not carry over to the next month. Excess minutes will be billed at our lowest rate guaranteed. Calls to Overseas Mobile Phones may be billed at a higher rate. Terms and conditions apply. see www.comwave.ca for details.



# 2

## scene

### Box office



Overall domestic revenues are expected to come in below the dismal \$81 million haul a week ago, which had been the low weekend so far this year. New Year's Eve led this weekend with a weak \$13.7 million debut. The Sitter opened at No. 2 with just \$10 million.

THE ASSOCIATED PRESS



Patton Oswalt: Filming love scene with Charlize Theron for Young Adult was a 'nightmare'

# Hockey heaven

- ◆ Never made it out to the Hockey Hall of Fame?
- ◆ Skate through the history of hockey with this new book



◆ **Fuhr-ious:** Grant Fuhr wore this late model form-fitting mask while playing with the Edmonton Oilers in the early 1980's before switching to a modern mask and cage setup.



◆ **The Golden Goal:** Sidney Crosby of Cole Harbour, N.S., scored 7:40 into overtime of the men's gold-medal final at the 2010 Vancouver Olympics with this puck. Canada defeated the U.S. 3-2, claiming Olympic gold for the second time since 2002. The game was the most-viewed hockey game in history, and Crosby's marker gave Team Canada the most gold medals by any nation in one Winter Olympic Games.



◆ **From Russia With Love:** Calgary Flames jersey worn by Sergei Priakin, the first Soviet to be given permission to play in the NHL, during the 1988-89 season.



◆ **Canada's First Gold:** Winnipeg Falcons Team Canada sweater worn by Konrad Johannesson at the 1920 Summer Olympics in Antwerp, Belgium, which was the first Olympics to feature hockey. Canada won gold.

◆ **Lord Stanley's Cup:** The original Stanley Cup bowl, professionally engraved with the names of championship teams and amateurish scrawls with the scratchings of championship-team members, including Fred W. Taylor, whose name can be seen scratched on the Cup under the "Ottawa 1904" entry.



◆ **Gordie the Great:** Gordie Howe wore this jersey toward the end of his career with the Detroit Red Wings, where he played from 1946-47 to 1970-71.



### Hockey Hall of Fame Treasures

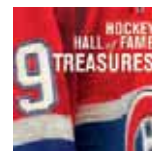
◆ Editor: Steve Cameron

◆ Photographer: Matthew Manor

◆ Publisher: Firefly Books (fireflybooks.com)

◆ Price: \$39.95

◆ Visit: clubmetro.com for your chance to win a copy of this book.



## SURVIVE THE HOLIDAYS



YOU COULD WIN A PASS FOR TWO TO SEE A SPECIAL ADVANCE SCREENING OF THE DARKEST HOUR IN 3D!

To register and for full contest details visit clubmetro.com



INTRODUCING PLANET EARTH: SPECIAL EDITION  
The original blockbuster now has over seven hours of extras! Prepare to be overwhelmed anew by the beauty and majesty of Planet Earth.

YOU COULD WIN A COPY OF  
**PLANET EARTH: SPECIAL EDITION**  
ON DVD

To register and for full contest details visit clubmetro.com



## ADMITTING YOU WANT TO WIN PRIZES & GET GREAT DISCOUNTS IS THE FIRST STEP.

REGISTER AT CLUBMETRO.COM





# The perils of party-rocking

► SkyBlu of LMFAO takes some time off to deal with herniated discs  
► RedFoo says injury caused by 'the shuffle, the wiggle and the ladies'

## THE WORD

DOROTHY ROBINSON  
SCENE@METRONEWS.CA



While Demi Lovato whizzed by the press line at Z100's Jingle Ball Friday night — an annual New York City con-

cert featuring a number of Top 40 acts — we were happy to chat with RedFoo of LMFAO, whose partner SkyBlu was noticeably absent for the big show.

"SkyBlu hurt his back," Foo told Metro before the concert started.

"He has some herniated discs. He's been performing for a while injured, because he's a true champ, but the

**"That shuffle move we do, when he does it, I always tell him you gotta bend [at the knee]. And then with the wiggle, you can't wiggle too hard, even if there's sexy ladies in the audience screaming at you — you gotta keep it confined."**

REDFOO ON SKYBLU'S BACK INJURY

doctor said [he's] gotta take a break. That shuffle move we do, when he does it, I always tell him you gotta

bend [at the knee]. And then with the wiggle, you can't wiggle too hard, even if there's sexy ladies in the audience screaming at you — you gotta keep it confined.

So we don't know exact-



► RedFoo of LMFAO attends Z100's Jingle Ball on Friday.

ly what has happened, but we think it's combined [with] the shuffle, the wiggle and the ladies."

But SkyBlu's injury isn't holding the group back for

the new year. On their to-do list for 2012?

"Films," Foo says. "Taking the whole LMFAO party rock lifestyle and putting it on the big screen."

## Angie 'lost' online shopping

While Angelina Jolie prefers to get a jump on Christmas shopping, she won't be doing it online, admitting that retail websites make her head spin. "I always Christmas shop early in case we have to travel somewhere," Jolie tells USA Today. "Brad [Pitt] and I were on Amazon.com for the first time a week ago. But we got lost. After an hour, we just shut it off. My brain is too scattered and the wires go in different directions. I'll stick to catalogues." ● METRO

## Celebrity tweets



i have the worlds worst head ache sitting in the dark all moody because of it!



@MissKellyO

@ElizabethBanks

This public gas station rest room is two ticks better than exactly what you're expecting.



@ConanOBrien



I took my kids to see the guy in the red suit today. That's right, the Spider-Man on Hollywood Boulevard.

@justinbieber



A little #hockey with the fellas

## Abigail's lips are sealed

Also on the carpet before Jingle Ball was New Year's Eve star Abigail Breslin, who looked all grown up in a Rag & Bone dress and smoky eye makeup.

But the movie star and budding songstress (Jingle Ball was her first appearance as a singer in the band CABB) tells us that going through puberty in the public eye hasn't been weird for her.

"When I'm home, I do the same things all my friends do — clean my room, feed the dog.

There are definitely pressures, but I think that keeping perspective

is really important," says Breslin.

But that doesn't mean she doesn't have her cringe-worthy moments.

"2008 was just a really big fashion mistake," she tells us, "with the arm warmers, the neon, and zebra-print Converse."

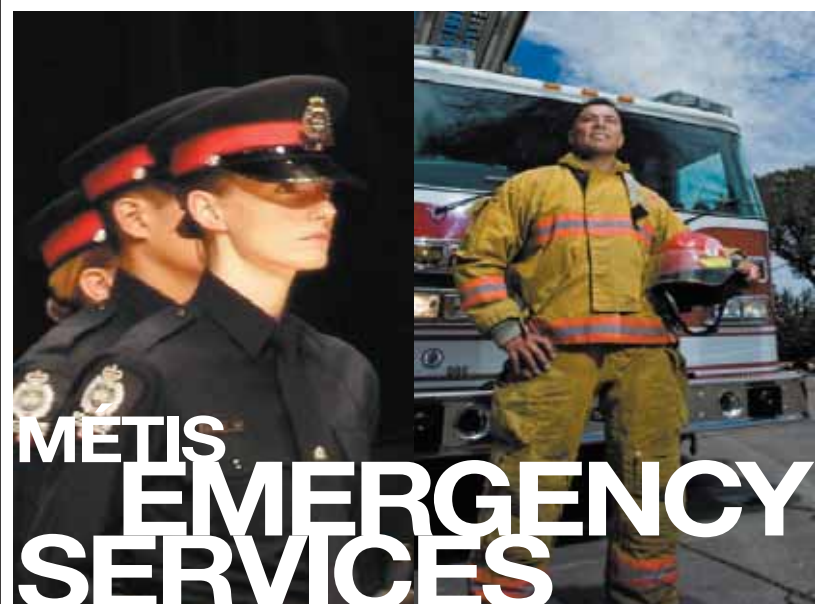
And since Abigail's character in New Year's Eve is hoping to get her first kiss on the big night, we wanted to know what her first kiss was like — but she wouldn't spill.

"I'll keep the off-screen kisses off-screen," she told us.

● DOROTHY ROBINSON



► Abigail Breslin



## MÉTIS EMERGENCY SERVICES PROGRAM

### ARE YOU HERO MATERIAL???

If you're a Métis between the ages of 18 - 30, looking for a career in an emergency service such as firefighting, policing or EMR, this Program may be for you.

This program is designed to give you the attitude, skills, knowledge and physical ability to apply for a position within emergency service departments such as policing and fire at most major departments in Alberta.

Training includes aptitude training, physical fitness training, interview preparation, station assessment, safety tickets, First Aid/CPR Level C, Canadian Firearms Safety Course, EMR training, and Class 2 license training as required.

Space is limited, so apply today

Program starts February 6, 2012  
Application Deadline January 6, 2012

To apply or for more information, contact the Métis Employment Services office near you:  
1-888-48-MÉTIS (1-888-486-3847)

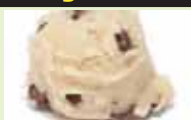
Sponsored in Partnership:



# 3

## life

### Dough truths



Researchers who investigated a 2009 U.S. outbreak of foodborne illness are proving that raw cookie dough could make you sick.

Concerns about raw dough have centred on raw eggs possibly containing bacteria such as salmonella. Here, investigators looked into Shiga toxin-producing *Escherichia coli* (STEC).

The outbreak saw 35 people admitted to hospital. It was shown that 33 of the 35 ate raw cookie dough.

THE CANADIAN PRESS



It's not all 'ho, ho, ho': Santa promising less in bad economy

► This Christmas, skip the plastic one-trick, battery-operated gadgets that hold your kids' attention for five minutes ► These gifts are clever, fun and will spark your child's imagination

## FOR BABY NIGHT OWLS: Lullaby rock hits



\$16.98  
rockabyebabymusic.com

Do saccharine nursery rhymes make you cringe? This inspired series of CDs transforms your favourite tunes into soothing lullabies, with tinkling covers of classic tracks by bands including AC/DC, Led Zeppelin, U2, Madonna, Van Halen and Bob Marley. What could more amusing than a xylophone version of Beastie Boys' No Sleep Til Brooklyn or Metallica's Enter Sandman. Or more ironic than an anxious new parent hearing The Police's Every Breath You Take?

## FOR TINY TEETHERS: 'Where's the Bone?' cloth book



\$15.50  
manhattantoy.com

This book about a funny dog searching for its bone in lots of exciting places ticks all the boxes for tiny tots: lots of textures to feel, flaps to flip, bits to pull. They will love to pop the bone in the clouds, up a mountain or in the dog's mouth, and they'll love chewing on the book even more.

## FOR CRAFTY KIDS: 'Merry Stickmas' sticker greetings cards



\$8  
etsy.com/shop/KidsCardKits

Sticker-mad kids will love creating their own greetings cards with these packs. These ingenious kits include blank cards and sets of stickers so your kid can create his or her own scenes including Santa Claus, snowmen, reindeer and cute kids throwing snowballs.

# 4

## Great kids' gifts

TEXT EMMA E. FORREST, METRO WORLD NEWS

## FOR AMATEUR ASTROLOGERS: Remote Control Moon



Illuminating in more ways than one, this wall light replicates the phases of the moon on an authentic moonscape (very educational), as well as serving as a reassuring nightlight. Using a remote control it can also be used as a light. It comes with an educational booklet about the moon's cycles.



Buy For:  
\$25

## WagJag.com

## DEAL OF THE DAY!

50% OFF SPEAKERS FROM ORIGAUDIO

### HIGHLIGHTS

- Unlimited buys.
- Turn regular items into speakers like cardboard boxes, garbage cans, lampshades, cups and more.
- Perfect for travelling.
- **Limited quantity available.**

Regular Price: \$50

You Save: \$25

Discount:

# 50%



# CBC IS YOUR HOME FOR THE *Holidays*



Go online to  
**[cbc.ca/holiday](http://cbc.ca/holiday)**  
for our full schedule.

## 2011 HOLIDAY PROGRAM GUIDE



# December



**Monday, 12** 2 pm Steven & Chris - Holiday Week

**Tuesday, 13** 8 pm 22 Minutes: Holiday Special  
9 pm Gerry Dee - Life After Teaching

**Wednesday, 14** 8 pm Dragons' Den - Holiday Special  
9 pm Season of Song: Canadian Tenors & Friends

**Thursday, 15** 8 pm Rudolph the Red Nosed Reindeer  
9 pm Stars On Ice 2011

**Friday, 16** 8 pm Polar Express

**Sunday, 18**

5 pm Disney: I'll be Home For Christmas  
7 pm Mickey's Christmas Carol  
7:30 pm Frosty Returns  
8 pm National Lampoon's Christmas Vacation

**Monday, 19**

2 pm Steven & Chris - Holiday Week  
8 pm The Santa Clause

**Tuesday, 20**

8 pm The Santa Clause 2

**Wednesday, 21**

8 pm The Santa Clause 3

**Thursday, 22**

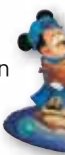
8 pm A Christmas Story

**Friday, 23**

8 pm Nativity  
11:05 pm George Stroumboulopoulos Tonight  
Holiday Music Special

**Saturday, 24**

6 am Kids' CBC Holiday Morning  
8 am The Cat in The Hat - Snowman's Land  
8:30 am Super WHY!: 'Twas the Night before Christmas  
9 am The Doodlebops - A Happy Doodle Holiday



\* Check Local Guides. Programming varies by region.



**Saturday, 24**  
**continued**

12 pm Leon In Wintertime  
12:30 pm The Forgotten Toys  
1 pm Christmas Dreams  
2 pm Mr Magoo's Christmas Carol  
3 pm Olive the Other Reindeer  
4 pm Goose on the Loose  
6:30 pm Stuart McLean's Vinyl Café  
7 pm Season of Song:  
Canadian Tenors and Friends  
8 pm Miracle on 34th St (1994)  
10 pm Scrooge

**Sunday, 25**

12 am Handel's Messiah  
1 am Joy to the World! A Holiday Concert  
2 am Solo Noel  
3 am Season of Song:  
Canadian Tenors and Friends  
12 pm The Queen's Christmas Message  
12:07 pm Disney Parade  
1:55 pm The Forgotten Toys  
2:20 pm Mr. Magoo's Christmas Carol  
3:15 pm Booky & the Secret Santa  
4:45 pm Lassie  
6:20 pm Miracle On 34th Street (1947)  
7:55 pm The Queen's Christmas Message  
8:05 pm Frosty Returns  
8:30 pm A Heartland Christmas

**Monday, 26**

9 pm Anne Murray - Friends and Legends

**Tuesday, 27**

8 pm Happy Feet

**Wednesday, 28**

8 pm Dragons' Den - Holiday Special

**Thursday, 29**

8 pm Force of Nature:  
The David Suzuki Movie

**Friday, 30**

8 pm Stars On Ice 2011  
9 pm The Mansbridge Conversations:  
2011

**Saturday, 31**

6:30 pm Scotiabank Hockey Tonight  
7 pm ET HNIC - Toronto @ Winnipeg  
7 pm ET HNIC - Ottawa @ Buffalo  
7 pm ET HNIC - Montreal @ Florida  
10 pm ET HNIC - Vancouver @ Los Angeles

**Sunday, 1**

7 pm 22 Minutes: Holiday Special  
8 pm Air Farce  
NOT The New Year's Eve Special  
9 pm Ron James Show Holiday Special

**Monday, 2**

7 am Kids' CBC New Year Music Special  
Artzookapalooza  
12:30 pm Scotiabank Hockey Tonight  
1 pm HNIC: NHL Winter Classic



[cbc.ca/holiday](http://cbc.ca/holiday)





# NEW YEARS DAY on CBC

## 22 MINUTES:

**HOLIDAY SPECIAL**  
JANUARY 1<sup>st</sup> at 7

## AIR FARCE

**NOT THE NEW YEAR'S EVE  
SPECIAL**  
JANUARY 1<sup>st</sup> at 8

## RON JAMES SHOW

**HOLIDAY SPECIAL**  
JANUARY 1<sup>st</sup> at 9



Visit [www.cbcshop.ca](http://www.cbcshop.ca) for great gift ideas for the entire family!



CBC



# Monitoring future deforestation

► Richard Branson promises to use his satellites to keep an eye on forests ► Speaks to Metro about nuclear war



ELISABETH  
BRAW

NEWS@METRONEWS.CA

METRO WORLD NEWS IN LONDON

Sir Richard Branson has a message: we can save our Earth from nuclear Armageddon and environmental meltdown alike.

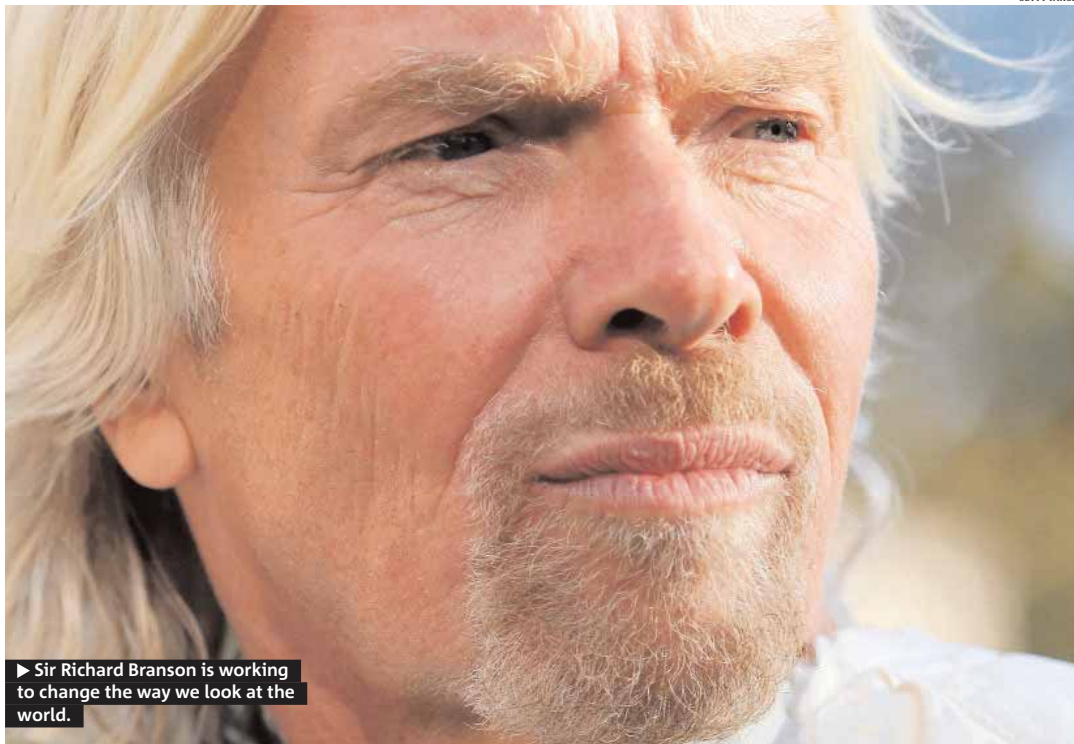
With Cutnukes.org, Branson pushes for fewer atomic bombs. His airliners use waste as fuel, and he has created a sanctuary for Malagasy lemurs displaced by deforestation. Now he plans to monitor global deforestation with satellites, he tells Metro.

**You're about to open a reserve for ringtailed lemurs that have been displaced by deforestation in Madagascar. Are you planning to help other species that have been displaced by deforestation?**

The lemur is such a beautiful species. We simply have to save the lemurs, and I'm trying to help other species as well.

For the past several months I've travelled around the world to save sharks, and soon I'll be travelling to India to try to save the blue tiger.

When it comes to deforestation, of course humans who have been displaced are very important, but animal species are equally important. More important, actually.



GETTY IMAGES

► Sir Richard Branson is working to change the way we look at the world.

**Deforestation is often caused by local subsistence farmers. What's the solution?**

One thing we can do is discover it before it's too late. That's why I've just launched a new initiative based at my spaceport. We'll run have satellites that will monitor forests to see where forests are being cut down.

**You're in favour of eliminating nuclear weapons. Why should good countries get rid of their nuclear weapons when bad countries still have them?**

They shouldn't completely eliminate them. What we're suggesting is that nuclear weapons states get rid of their nuclear weapons in steps.

From a deterrent point of view, a country only needs 300 nuclear weapons. Getting rid of nuclear weapons would save a lot of money and would solve many of the world's current deficit problems.

**In other words, is the global recession a good thing for nuclear disarmament?**

Definitely. For example, one of the easiest things President Obama could do to solve the U.S. budget crisis is getting rid of 1,000 nuclear warheads.

**Is your interest in nuclear weapons an extension of your green involvement?**

Yes. I've been visited Hiroshima and Nagasaki to

see the effects of nuclear weapons. And it's an extension of my interest in solving global conflicts.

That's why I fund The Elders, an organization founded by Nelson Mandela that works to solve global conflicts.

**The world has been talking about environmental problems for so long. Do you see any reasons for optimism?**

Absolutely. We have to deal with environmental problems in an entrepreneurial spirit. For example, Virgin's new aviation fuel uses waste from steel mills. Millions of jobs could be created worldwide by greening our cities.

The environment would benefit, the cities would benefit, regular people would benefit, and it would stop money pouring out to the Middle East.

**Even if we solve all the world's environmental problems, the world might be wiped out if Iran drops a nuclear bomb....**

If Iran dropped a nuclear bomb nuclear weapon states would quickly obliterate Tehran, so I don't think it will.

The bigger risk is terrorists using nuclear weapons, but we have to set a moral example so terrorists don't feel the need.

## EAT YOUR HEART OUT SEINFELD

What are your thoughts on regifting? *Lisa of Edmonton*

### QUEEN OF GREEN

LINDSAY COULTER  
GREEN@METRONEWS.CA



Regifting is definitely an eco-friendly form of recycling.

I know guilt holds many people back. My advice is to get over it.

Regifting doesn't have to carry an air of insincerity and thoughtlessness.

There are times when it's appropriate, and

**Host a regifting-themed holiday exchange at work or with the family.**

maybe even appreciated.

It's couth to regift a book you've read. Hand-me-downs or a used coffee grinder? Not so much. That's what Craigslist, Freecycle and clothing-donation bins are for. You can regift right out in the open — host a regifting-themed holiday exchange at work or with the family.

Regifting is not just a way to get rid of bad gifts;

it's also a way to find them new homes with people who will appreciate them.

Even Oprah condoned regifting on her Favourite Things episode back in 2008. And if Oprah says it's OK...

Keep in mind a few general rules: regift unto others as you would have them regift unto you.

And let common sense prevail. Don't use a gift before regifting it and do not give something back to the original gift-giver.

The latter is a common rookie mistake but one you'll make only once —

and if nothing else, it always makes for a great story.



David  
Suzuki  
Foundation

**Spiritual psychic reader, bring back loved ones forever, success in business, job, life, remove spell, protection etc RESULTS GUARANTEED!**

**403.554.0804**



► Regifting — no longer just for your cheap friends.



# Vegetarian cubes of yum

► Potato and red pepper are combined in this dish that works well as a tasty appetizer or a meatless meal ► Offer it at your next holiday party

THE CANADIAN PRESS/H/O



**Potato Red Pepper Tortilla Cubes**

► Cut cubes into bite-sized pieces or larger ones, depending on how you're serving them.

Studded with colourful Ontario vegetables, this easy version of Spain's famous tortilla is versatile enough to serve as an appetizer or vegetarian meal.

This can be made a day or two in advance and served either cold or heated through.

## Preparation:

**1** On greased baking sheet, toss Yukon Gold and sweet potato with 10 ml (2 tsp) of oil. Bake in 180 C (350 F) oven 15 mins or until tender. Let cool.

**2** In skillet, heat 10 ml (2 tsp) of oil over high heat; sauté red pepper 4 mins. or until tender. Re-

move from pan. In same skillet, heat 10 ml (2 tsp) of remaining oil over medium-high heat; cook onion until tender and golden, 2 mins. Let cool. Combine all cooked vegetables; season with salt and pepper to taste.

**3** In large bowl with electric mixer, beat eggs

## Ingredients:

- 250 ml (1 cup) each diced peeled Yukon Gold potato and sweet potato
- 25 ml (2 tbsp) olive oil
- 125 ml (1/2 cup) diced sweet red pepper
- 175 ml (3/4 cup) diced onion
- salt and pepper
- 4 eggs
- 50 ml (1/4 cup) 18 per cent cream

with cream. Add cooked vegetables and mix thoroughly. Pour into greased 2.5 L (9-inch) square baking dish. Bake in 180 C (350 F) oven for 25 minutes or until set. Let cool. Cut into cubes.

THE CANADIAN PRESS/  
FOODLAND ONTARIO/  
THIS RECIPE WAS ADAPTED  
FOR METRO

BY EMILY RICHARDS,  
A PROFESSIONAL HOME ECONOMIST,  
COOKBOOK AUTHOR  
AND A TV CELEBRITY CHEF.  
FOR MORE, VISIT  
EMILYRICHARDSCOOKS.CA.

## Rose Reisman's Swap It



With the festive season in full swing, it is a time to visit family and friends for dinner parties. Hor d'oeuvres are almost always served but could be full of fat and calories.

## SELECTION MINIATURE QUICHE (4 PIECES) 320 CALORIES, 24 GM FAT



QUICHE, WHETHER MINI OR NOT, IS MADE OF EGGS, CREAM, CHEESE AND A CRUST OF BUTTER OR SHORTENING. THAT SPELLS CALORIES AND FAT. FOUR PIECES OF A MINI QUICHE ARE EQUAL TO FOUR SUNNY SIDE EGGS WITH THREE STRIPS OF BACON IN FAT.

## SWAP IT!

## IRRESISTIBLE PHYLLO APPETIZERS (4 PIECES) 140 CALORIES, 5 GM FAT

PHYLLO PASTRY CONSISTS OF THIN SHEETS OF DOUGH THAT CONTAIN HALF THE CALORIES AND FOUR TIMES LESS FAT THAN A REGULAR CRUST.

[FOR MORE, VISIT ROSEREISMAN.COM]



# See french toast in whole new light

► This unusual but delicious appetizer combines unlikely ingredients like french toast, brie cheese and pears

Here is a delicious and different way to serve up a bite-sized appetizer that is full of flavour and texture.

## Preparation:

**1** Slice the baguette on a diagonal into 1/2 inch (1 cm) thick slices to get 12 slices; set aside.

**2** In shallow dish, whisk together the eggs, cream, chives, salt, pepper and curry powder. Dip each slice into the

egg mixture, turning to coat it well.

**3** Melt the butter in a large non-stick skillet or griddle over medium-high heat and panfry the baguette slices, in batches if necessary, for about 4 minutes turning once or until golden. Repeat this step with the remaining baguette slices.

**4** Place the baguette slices onto a foil lined baking sheet and top them with pear slices and Brie. Place the pan about 6 inches (15 cm) under the broiler for about 3 minutes or until the cheese is melted and bubbly. Garnish with chives to serve. ONTARIO EGG FARMERS/ THIS RECIPE WAS ADAPTED FOR



► This recipe makes 12 pieces.

ONTARIO EGG FARMERS

METRO NEWS BY EMILY RICHARDS, A PROFESSIONAL HOME ECONOMIST,

COOKBOOK AUTHOR AND A TV CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA.

## Ingredients:

- Half baguette
- 3 eggs
- 3 tbsp (45 mL) 5% light cream
- 2 tbsp (30 mL) chopped fresh chives

- 1/4 tsp (1 mL) each salt and pepper
- Pinch curry powder
- 2 tsp (10 mL) butter
- 1 ripe but firm, Bartlett pear, cored and sliced
- 100 g double cream Brie
- Fresh chives





ADVERTORIAL

# 67 Ways to Lighten up The Holiday Season

13. **GO CAROLING**  and take requests for **hip-hop cover songs**.
14. **SNOW FORTS** are for kids. **SNOW BARS** are for adults.   
Use your backyard bar to chill bottles of Molson Canadian 67.
15. Invent **YOUR OWN HOLIDAY** and stay home from work.
16.  Host a **SWEATER PARTY**. **Ugliest wins.**
17. **Less ski, more APRÈS ski.**
18. **WALK AROUND THE NEIGHBOURHOOD** and see the **LIGHTS**.  
Over half of Metro readers say it's their favourite holiday outdoor activity.
19. Skip the chips and dip. Go for a **polar dip** instead. 
20. Why not **RE-CONNECT** with a random Facebook friend over a **COLD** Molson Canadian 67?
21. Teach your **little one** how to skate at a **frozen pond**.

Follow the rest of our list in upcoming issues.

Molson Canadian 67 is a premium light beer specially brewed to 67 calories per 341 ml bottle.  
That's about half the calories of wines or mixed drinks.\* Want to add to our list?

 share your tips with us at [facebook.com/molsoncanadian67](https://facebook.com/molsoncanadian67)





# From couch to class act

► Susan Sly, an entrepreneur, author, professional speaker, trainer and athlete, carries a message of motivation

## TURNING POINT

TERESA KRUIZE

LIFE@METRONews.CA

Susan Sly is a 'Have it All Woman' and she's even written a best-selling book about the subject.



No one would guess that 11 years ago her life completely collapsed when she was diagnosed with Multiple Sclerosis.

She lost everything; her health, marriage and

business. She was \$100,000 in debt with a three-year-old child and sleeping on a family member's couch.

"I wanted to die but it was at that point where I had to make a decision. Do I want to fight or surrender?"

Susan began to heal her body and got into

multi-level marketing. Today, the mother of four children is a millionaire, has written five books, is married to her high school sweetheart and is still competing in triathlons and marathons.

"I was supposed to be in a wheelchair but I'm still running. I get very emotional because I'm just so grateful and appreciative."

Susan's next goal is to empower one million women around the world. "I know what it's like to live in desperation and not know what tomorrow's going to bring. I really believe that we can transcend anything if we're open. I really do."



► Susan Sly is the author of *The Have it All Woman* along with four other books.

**find us**  
**follow us**  
**like us**

We're all over your city in more ways than one. Metro brings you breaking news and great reviews.

**metro**

**Adventure!**  
**Teach English Overseas**

- TESOL Certified in 5 Days
- In-Class or Online
- No Degree Required!

**1.888.270.2941**  
**Job Guaranteed!**

Next in-class course: Feb 1<sup>st</sup> - 5<sup>th</sup>, 2012  
Next Seminar: Jan 17<sup>th</sup>, 2012 @ 7pm  
Travelodge University Hotel - 2227 Banff Trail NW  
[www.globaltesol.com](http://www.globaltesol.com)

**GLOBAL TESOL COLLEGE**  
Let's go! Let's learn!

**OPEN THE DOOR TO A CAREER IN BUSINESS**

### WITH FLEXIBLE PART-TIME PROGRAMS

To get started in a successful business career, you need the right education and training. Learn from industry-experienced instructors as you develop the key business skills that employers are looking for – and open the door to exciting career possibilities.

#### Part-time programs offered:

- Financial Services Certificate of Achievement
- General Business Administration Certificate of Achievement
- Management Certificate of Achievement
- Marketing Certificate of Achievement

All programs are also available online.

#### CONTACT US

CALL: 403.210.4340

EMAIL: [BUS.CONTINUING.ED@SAIT.CA](mailto:BUS.CONTINUING.ED@SAIT.CA)

REGISTER TODAY [sait.ca](http://sait.ca)

SCHOOL OF BUSINESS

**FURTHER  
YOUR  
PASSION**



### Susan's stats

- First business at age 11
- Has generated over \$60 million in multi-level marketing sales
- Six-time Team Canada athlete in Track and Field and Duathlon
- Completed in two world championships
- Sponsor of 20 children with World Vision

### Have it all too!

#### Susan Sly's advice:

- Take time every day for gratitude.
- Keep an open mind because some of the best ideas may come through the most unlikely sources.
- If you want to make a million a year, adopt million-dollar habits. Be daring
- Take time every day to read or listen to something empowering.
- Be kind to yourself. It may not happen at the speed you want it to so be kind and compassionate.
- Visit [stepintoyourpower.com](http://stepintoyourpower.com).

## Dental Assistant Professional Program

Registered Dental Assistants may be employed as dental assistants, dental hygiene assistants, dental specialty assistants, dental assistant educators, denturist assistants plus many more. Potential to earn an income of between \$14.42 - \$35.00/hr to start.

This 28 week accelerated, accredited program provides you with dental healthcare theory, skills, technical knowledge and clinical/practicum experiences that will allow you to successfully enter the workforce sooner.

In clinic, student to instructor ratios can be as low as 4:1. Free upgrading courses may be available to assist learners in meeting minimum entrance requirements.



802 Manning Rd N.E. Calgary, AB  
[www.columbia.ab.ca/m](http://www.columbia.ab.ca/m) or Call today: 403-648-2265



# ALL I WANT FOR CHRISTMAS...

## GIFT CARDS GROWING IN POPULARITY

Gift cards — a phenomenon that seemed new in 2000 — have practically taken over holiday gift giving. The vast majority of retail companies now offer them, said Brent Houlden, national retail leader for Deloitte Canada. “From the customer’s point of view it’s all personalization, and simplicity, and convenience,” he explained.

Simply put, gift cards are the answer to an age-old problem — the unwanted gift, said Houlden.

The beauty of a gift card is that it lets the gift recipient choose exactly what they want, said Tiffany Bourré, external communications manager for Hudson’s Bay Company.

“It virtually eliminates the guess work from gift purchasing,” said Bourré. It also eliminates the possibility of returns (and in some cases offending the gift giver by doing so).”

That said, the gift card still needs to suit the recipient, she advised. “There is no question that gift cards have become a more accepted alternative for gift giving in general, but fair to say that often they

slant to a younger demographic.”

Whatever your age, on many occasions gift cards make sure that gift givers and recipients avoid embarrassment or hard feelings, said Houlden. “If you bought me the red hat and I didn’t want the red hat, then you’re upset because I didn’t like your taste,” he explained. “That’s why gift cards have taken off so much.”

The only problem is that they can seem a little impersonal, said Houlden. “If I’m giving you a wedding gift and I just give you cash, there’s no emotional connection there,” Houlden said. People want to be remembered for the gifts they give, he explained.

Now companies are looking for ways that gift givers can easily personalize their gift cards — digitally. In the next few years we’ll see technologies tailored to allowing gift givers to send a personalized photo or video along with their gift cards, said Houlden.

Buyers can also get gift cards online without having to set foot in a store. Many brands have them available to purchase online, so they’re easy to send to faraway friends and family.

The future is mobile and the days of the plastic gift card are numbered, said Houlden. “One person will send a gift card to another electronically and it’ll just load into the gift recipient’s cell phone,” he predicted.

“I think it’s the next generation that people should be watching for.”

## GIFT CARD TIPS

### GET A CARD FOR LESS

Make sure you negotiate a discount if you buy in bulk.

**BUY DISCOUNTED ITEMS**  
Boxing Day!

### TAKE ADVANTAGE OF RELOADING DISCOUNTS

Starbucks, for example, gives customers the option of automatically reloading, and rewards them for it with free drinks.

### PERSONALIZE

Include a homemade card or recorded message (e.g. Christmas carol) to send your best wishes.



## HOW TO GET MORE OUT OF GIFT CARDS THIS HOLIDAY SEASON

### STRETCHING YOUR BUDGET

For the fifth year in a row, gift cards top the list of most popular presents to receive. But before you stock up on these holiday favourites, make sure you’re getting the most for your money. Frances Ho, founder of CardSwap, Canada’s leading site for buying and selling gift cards, offers these expert tips for stretching your budget a little further:

❖ Turn points from loyalty programs such as Air Miles or Aeroplan into gift cards.

❖ Browse sites such as CardSwap.ca (for Canada) or Plastic Jungle (U.S. only) to find gift cards for 10 to 15 per cent below face value.

❖ Avoid overspending: Use a prepaid Visa card to purchase all your gifts. Once the card is depleted, you are done!

❖ When you receive gift cards, save them for Boxing Day or early January. That’s when stores offer their best deals, so your card has more buying power.

❖ Don’t waste your gift cards by letting them sit in a drawer. If you haven’t redeemed them by February, consider converting them to cash through a site like CardSwap.ca.

Ho also suggests rounding up old gift cards and selling them online to make some quick holiday cash. She says the average family has several unused cards lying around the house — and they could see as much as 92 per cent of that face value. That could offer a welcome boost to this year’s gift-giving budget. Happy Shopping!

SAVE UP TO 25%  
buy discounted  
GIFT CARDS

CardSwap

CASH UP TO 95%  
sell unwanted  
GIFT CARDS

Here is \$5

Towards a gift card from any store\*

Post picture of this coupon on [www.facebook.com/CardSwap](http://www.facebook.com/CardSwap) to redeem and for details.

\* valid toward any gift card available on CardSwap, which offers discounted gift cards from over 300 of Canada’s largest retailers.

CardSwap.ca - Canada's #1 place to buy and sell gift cards.



**WHAT IS IT?**

A new line of delectable foods from Walmart. They're easy to prepare and affordable — appetizers starting at \$5 a box.

**WHAT MAKES OUR FINEST DELICIOUS?**

Recipes are made with high quality ingredients and were carefully chosen by a team of food experts.

**THE FOOD**

Find almost 100 dishes from wonton-wrapped shrimp to grain-fed young turkeys, basted with real butter to cocoa-dusted Belgian truffles.

# HOLIDAY ENTERTAINING MADE EASY WITH OUR FINEST

## HIGH QUALITY FOODS EXCLUSIVE TO WALMART



## FROM THE OUR FINEST MENU:

**APPETIZERS**

Farwell suggests starting the party with melt-in-your-mouth pastry appetizers, like the Our Finest salmon and dill in puff pastry or cheese and applewood smoked bacon mini tarts.

Authentic international favourites like mini vegetable samosas with tamarind sauce (\$5), Greek spanakopita (\$5), or an assortment of Angus beef, Italian, and Swedish meatballs (\$8) are also a popular pre-dinner indulgence.

**DRINKS**

Find the perfect drink for the occasion from the wide selection of non-alcoholic sparkling beverages including mojito, sangria, and margarita (\$2.77 for a pack of four).

**MAIN COURSE**

A tantalizing centrepiece to any holiday table, the Our Finest spiral ham is cured and naturally smoked with hickory chips. It comes pre-cooked and pre-sliced, with an easy-to-prepare glaze, so it's great for those who want to spend less time cooking and more time relaxing with friends and family.

**DESSERT**

The Our Finest chocolate and toffee collection (\$8.97), the all-natural English wine gums (\$4.98) and liquorice allsorts (\$4.98) make a beautiful statement on a tiered serving dish, and provide enough variety to tickle the taste buds of all your guests.

Try finishing off the feast with the Our Finest candy cane ice cream (\$4.97), made with real dairy cream, mint chocolate bark, and candy cane pieces.

"We're confident Canadians will be proud to serve these items as part of their festivities," Farwell said.



Canadians don't want to sacrifice quality when they celebrate with family and friends this holiday season, said Sandra Farwell, director of private brands — foods for Walmart Canada.

That's why the company is introducing Our Finest, a new line of delectable high-quality foods exclusive to Walmart, said Farwell.

"Many Canadians are staying in this holiday, and that equals a lot of home cooking and entertaining," said Farwell.

Our Finest costs less than the national leading brands — appetizers start as low as \$5 a box. "Entertaining should be easy and affordable," insisted Farwell.

## HOW TO HOST A GREAT PARTY

**KEEP IT SIMPLE**

Sometimes the simplest dishes are the most delicious, and fine pre-prepared foods are perfect for taking the pressure off if you don't have much time to spare.

**KNOW YOUR GUESTS**

Understand your guests' likes and dislikes, and make sure to provide vegetarian options.

**PRE-PREP**

Get ready well before the party starts — the slicing and dicing, the food presentation, the decorating.

**CREATE A MOOD WITH FESTIVE NAPKINS, PLATES, CUTLERY & GLASSES**

Accent your home with festive candleholders, serving dishes, and other decorative touches to create a warm holiday atmosphere.

**COMPILE THE PERFECT SOUNDTRACK**

Consider the musical tastes of your guests, throw in some old favourites, and mix it up a little. Variety is key.

**RELAX AND ENJOY THE PARTY**

Make the time to chat with your guests. That's what really makes a great party — the good company and scintillating conversation.

Not sure what to get them this Christmas?  
**How about everything.**



This Christmas give them the *Gift of Choice* with a Walmart Gift Card.



Creating happy holiday moments.  
Walmart. Save money. Live better.

See store for details.

Carte-cadeau  
**Walmart**  TM/MC  
Gift Card



# A CANADIAN RETAIL ICON IS READY FOR THE HOLIDAYS

## SEARS' GIFT CARDS OFFER CHOICE, FLEXIBILITY

In 1953, General Robert E. Wood, the legendary Chairman of Sears Roebuck and Co., Chicago, sent a letter to Edgar G. Burton, President of the Robert Simpson Company of Toronto, to propose a partnership between their two companies in order to serve the Canadian market.

Today — almost 60 years later — Sears Canada is a multi-channel retailer with a network that includes 196 corporate stores, 285 hometown dealer stores, 31 home services showrooms, more than 1,700 catalogue merchandise pick-up locations, 108 Sears Travel offices and a nationwide home maintenance, repair, and installation network. Sears also publishes Canada's most extensive general merchandise catalogue and offers shopping online at [sears.ca](http://sears.ca).

### YES, WISHES DO COME TRUE — AT SEARS

Something that hasn't changed in six decades is Sears Canada's ability to make wishes come true, especially at Christmas time. Who's not familiar with the Sears Holiday Wish Book and the sight of a Sears store festively turned out for the Christmas season?

What has changed in 60 years is the Sears ability to stay current and relevant for Canadian consumers, including a strong online presence that's open 24/7 at [sears.ca](http://sears.ca). If there's no time to visit the Sears store, busy moms and dads strapped for time can find almost

anything online. And, for those hard-to-by-for individuals, Sears offers gift cards that offer choice and flexibility when it comes to gift giving. Sears gift cards can be purchased and redeemed across different channels, including stores, online as well as through the catalogue.

### CHOICE, CHOICE AND MORE CHOICE

"Cards can be redeemed towards almost anything Sears has to offer," says Carla Seaquist, Product Manager, Gift Cards. "That includes purchases made in our stores, for your next travel destination, for a new roof or windows, or for your next family photo shoot." The choices don't end there.

Along with its proprietary gift cards, Sears also sells third-party gift cards. "We now offer everything from iTunes and Petro-Canada cards to Chapters Indigo and long-distance calling cards. You could say that we are a destination for gift cards. We've also partnered with Life Experiences.ca — the Canadian leader in experience gifts. There's no need to go anywhere else for your gift," says Seaquist.



## THE PERFECT GIFT IS IN THE CARDS

### WITH THE BUFFET OF GIFT CARDS OUT THERE, WHY CHOOSE SEARS?

#### GET PERSONAL

Sears offers a website ([searsgiftcards.ca](http://searsgiftcards.ca)) where you can upload your favourite family photo and have it printed on a gift card. It's a great way to send someone a personalized gift right to his or her door. And why not select a special tin online to dress up your gift? If you don't have that perfect holiday family picture yet, there's also a link along with a special offer to Sears Portrait Studio where you can have

your pictures saved on a CD. This way you can upload your pictures and use them on the personalized website to create a unique card.

#### NO FEES, NO EXPIRATION DATE

With Sears gift cards, you don't pay any additional fees nor do you have to worry about expiration dates (because there aren't any!). Gift cards are accepted at all Sears Department, Hometown, Outlet and Home Furnishing stores as well as through all of their service agents such as Sears Travel, Home Services and select licensed departments.

#### FLEXIBILITY

Gift cards are available in denominations ranging from \$10 up to \$500. There are many designs from which to choose —

from the simple and elegant to the fun and festive. You can select one of the existing designs or create your own through the personalized gift card service. If you're a business looking for gift cards: Sears has a team that will deliver your holiday needs, just call 1-866-297-5306 or visit [searsincentives.ca](http://searsincentives.ca).

#### GIFT CARD PAIRINGS

If you love the idea of giving a card, but want to add an extra something special, you'll find some fun and interesting gift-card pairings available through Sears, for example, for \$3.99 you can purchase Bosely™ the Beaver and Help support youth in your community, 50¢ from every sale will go to programs that promote the healthy development of youth.

## THE IDEAL BUSINESS OR WORK GIFT

Sears Incentives Gift Cards are the perfect solution to reward employees, show appreciation to clients or customers, mark special occasions and so much more. Cards are available in any denomination from \$5 to \$500. Volume rebates are available for bulk purchases. For more information, please call 1-866-297-5306 or visit [searsincentives.ca](http://searsincentives.ca).



gift cards  
to fulfill every  
**WISH**

CREATE YOUR OWN CARD!  
VISIT **SEARSGIFTCARDS.CA**

- 1 UPLOAD IMAGE
- 2 ADD YOUR MESSAGE
- 3 ORDER CARD



# GIVE THEM WHAT THEY REALLY WANT

## INDIGO GIFT CARDS REDEEMABLE IN-STORE, ONLINE

With Indigo gift cards, it's easy to give the gift they really want, redeemable both in-store and online, in both physical and electronic formats. Easy to give, easy to use on your favourite books, gifts and toys.

One of the easiest ways to exchange gifts this season is with Indigo's electronic gift cards. Conveniently purchased from Indigo's website, the electronic gift card is emailed directly to your recipient on a selected date. Choose from eight colourful holiday themes, in amounts from \$2-\$500. The traditional gift card, in amounts of \$25, \$50 and \$100, is delivered right to your recipient's doorstep. All gift cards may be redeemed at Indigo, Chapters, Coles, kobo.com and indigo.ca.



## FREE SHIPPING ACROSS CANADA FOR PURCHASES OVER \$25

In time for the busy holiday shopping season, Indigo's website features an easy and convenient online shopping destination for Canadians, where purchases over \$25 ship free to anywhere in the country. Find out what products your friends "like" and "share" with Indigo's Facebook activity feed. Visit [indigo.ca](http://indigo.ca), become a fan at [facebook.com/chaptersindigo](http://facebook.com/chaptersindigo), or follow Indigo on Twitter at [twitter.com/chaptersindigo](http://twitter.com/chaptersindigo). "We're transforming our retail and online experience from a traditional bookstore to that of a unique retail experience that enriches customers' lives," says Janet Eger, vice-president of public relations.

What are this season's hottest gift items to redeem your gift cards? Indigo's annual best books list provides an easy gift inspiration for holiday shoppers. And teen books remain the biggest selling category behind adult fiction at Indigo and Chapters stores nationally.

But Indigo isn't just about books. "Indigo is Canada's largest purveyor of ideas and inspiration, at the heart of which is books and eReading but also includes a vast array of specialty toys, gifts and beautifully designed and affordable home décor that offer intrinsic quality, beauty and timelessness of design," says Janet Eger, Vice-president of public relations.

Another popular choice when

redeeming gift cards this season is the Kobo family of eReaders, including the Kobo Vox Colour eReader, Kobo Touch WiFi, and the Kobo WiFi, as well as a range of stylish accessories. The new Kobo Vox is a 7-inch colour tablet pre-loaded with all the essentials including email, Web and media players and more than 15,000 Android Apps available.

Lots of great gifts for kids, tweens and teens can be purchased with the gift card. This holiday season, Canadians will be seeking unique and affordable gifts that touch the heart, mind and soul of every child on their list. Situated within Indigo and Chapters stores, IndigoKids shops boast 3,000 square feet of books and toys for children under 12 years old.

Did you know that when you purchase a gift card holder, you're contributing to the Indigo Love of Reading Foundation? Choose from numerous styles and price points of gift card holders, from \$1 sleeves to \$4.99 plush bears and faux leather books in between at \$1.99, with a portion of proceeds benefiting the Love of Reading Foundation.

The mission of the Indigo Love of Reading Foundation is to give every child a strong literacy foundation, providing \$1.5 million in grants each year to high-needs elementary schools across Canada. And each fall, Indigo partners with the Foundation to host Indigo Adopt-A-School, where stores select a partner school to help replenish their libraries.

For every \$25 gift card purchased, Indigo made a \$12 donation to the adopted school.

Indigo gift cards are also one of the most appreciated gifts for teachers. Many people may not realize that, according to a Canadian Teacher's Federation study, teachers

contributed an average of \$453 per year on classroom materials that will not be reimbursed. So it's no wonder that according to a 2010 Indigo survey, nine out of 10 teachers preferred to receive gift cards from Indigo for Christmas and year-end "thank you" gifts.

## TWEET YOUR SHOPPING LIST

Could you use some social networking help with your Christmas shopping list? Indigo has just launched #IndigoGiftSOS. Users can tweet their gifting dilemma and append the hashtag #IndigoGiftSOS to receive tailored recommendations from the little elves at Indigo. Followers can use #IndigoGiftSOS all the way through Dec. 24.

## MUST-READ BOOKS

Indigo's book buying team reads hundreds of titles every year to create a compilation of must-read books. Here's Indigo's best of 2011 list:



**HALF-BLOOD BLUES**  
Esi Edugyan — winner 2011 Scotiabank Giller Prize



**THE CAT'S TABLE**  
Michael Ondaatje — Ondaatje's most personal



**THE SISTERS BROTHERS**  
Patrick Dewitt — winner 2011 Governor General's Literary Award for Fiction



**THE NIGHT CIRCUS**  
Erin Morgenstern — a totally original, enchanting debut



**THE SENSE OF AN ENDING**  
Julian Barnes — winner 2011 Man Booker Prize



**THE ART OF FIELDING**  
Chad Harbach — a perfect book for Dad



**1Q84**  
Haruki Murakami — long awaited masterpiece; taut, mind-bending story



**THE HOUSE OF SILK**  
Anthony Horowitz — the first Sherlock Holmes story authorized by Sir Arthur Conan Doyle's estate



**SWAMPLANDIA!**  
Karen Russell — a quirky, spooky book from a young writer to watch



**11/22/63**  
Stephen King — speculative fiction reviving vintage Stephen King



**REAMDE**  
Neal Stephenson — an action-packed thriller driven by ideas and questions



Indigo | Chapters | Coles | indigo.ca

Your one stop holiday shop



Need last-minute gift advice? Tweet your request using #IndigoGiftSOS for suggestions from experts!



# MAKE THAT DIAMOND LAST FOREVER WITH ALBERTA DIAMOND EXCHANGE

Make that diamond last forever by giving your loved one the gift of choice this holiday season.

With a gift certificate from Alberta Diamond Exchange, your loved one will be able to pick out the piece they have always wanted.

"Take the pressure off and let them pick something that they will enjoy for many years to come," says Darren Martin, president of Alberta Diamond Exchange.

"The lucky recipient can get a beautiful diamond ring, necklace, earrings, bracelets, a Rolex watch, a stack of silver or gold bars or whatever their heart desires."

Their gift certificates come in any amount over \$50 and can be used on any promotions or clearance sales.

Diamond stud earrings, tennis bracelets and even engagement rings are among some of this year's hottest items flying out of his showroom.

"Love must be in the air, because we

are selling more engagement rings than we ever have before," says Martin.

Alberta Diamond Exchange carries a wide selection of the highest quality of jewelry and Swiss watches at wholesale prices and the custom manufacturing department is known for their amazing design and top quality workmanship.

"We pride ourselves on educating our customers and taking the time to build lifetime clients," says Martin.

"We are a very unique shopping experience, spend some time with us and we will change the way you buy diamonds forever."

Celebrating their 10-year anniversary, Alberta Diamond Exchange has recently tripled the size of their showroom and moved to the Aspen Landing Shopping Centre.

"We are not and never will be a typical jewelry store, we are an upscale jeweler offering a very personal experience on the very best quality at the lowest mark up," says Martin.

To start your diamond buying experience, visit [abdiamond.ca](http://abdiamond.ca).



## THE ANNUAL ALBERTA DIAMOND EXCHANGE CHRISTMAS SALE IS NOW ON.

Save 50 to 70 per cent off on all in stock items, including watches.

2012 also brings a number of great events

to the store with fresh new styles, fashion forward designs and massive sales throughout the year.

## GOLDEN OPPORTUNITY

### DIAMONDS



AT ALBERTA DIAMOND EXCHANGE WE WILL DO ALL THE CALCULATIONS RIGHT IN FRONT OF YOU IN A STRESS FREE COMFORTABLE ENVIRONMENT. WE PAY ON THE SPOT WITH THE TOP PAYOUT PRICES IN CANADA, CALCULATED FOR YOU AT REAL TIME MARKET VALUE.

### GOLD COINS & BARS



### SWISS WATCHES



### SCRAP GOLD JEWELRY



### SILVERWARE



### SILVER COINS & BARS



CALL TO MAKE AN APPOINTMENT WITH ONE OF OUR BUYERS TODAY



At 403.262.5212 or visit us online at

[www.abdiamond.ca](http://www.abdiamond.ca)

234-366 ASPEN GLEN LANDING SW CALGARY, ALBERTA T3H 0N5



# HIGHLAND SCOTTISH GIFT SHOPPE CARDS MEAN A CUSTOM FIT

Give Scottish this holiday season with a gift card to Highland Scottish Gift Shoppe Ltd. & Scottish Formal Kilt Rentals and Sales.

Whether you are looking for Celtic jewelry or a custom kilt and/or the jacket/vest, belt or shoes to go with it this Christmas, Highland has what you are looking for.

"Gift cards are a popular gift from our store, allowing the receiver to come in to the shop and get custom fitted to their very own Clan tartan kilt and the rest of the outfit," says Bill Hawes, co-owner of Highland Scottish Gift Shoppe Ltd.

"You might not know what size an individual is or what accessory they are

looking to add to their Highland outfit, so a gift card is excellent."

Highland is an outfitter of complete highland wear, including Scottish, Irish and Welsh, for all special occasions, including weddings, formal events and Robbie Burns Night.

They also specialize in complete highland wear rentals.

Another popular holiday gift includes Highland's large collection of Celtic jewelry, including diamond engagement rings, wedding bands, anniversary bands, and exclusive Celtic jewelry.

They are also accepting orders on custom engagement rings for Valentine's Day.

Highland's is also still able to deliver a custom made kilt to wear for Robbie Burns Night on Jan. 25.



Highland outfits and accessories for this Scottish tradition are also available for rent.

You will not find this shop in a mall though.

This true destination shop is located on their family estate, east of Canada Olympic Park.

"We truly are located in our 'Highlands of Calgary,' where you will experience true Highland service at our premises," says Hawes.

The Highland Scottish Gift Shoppe is open Tuesday through Saturday from 10:30 a.m. until 5 p.m. each day and closed on Sunday and Monday. Or you can visit them online at [highlandshoppe.ab.ca](http://highlandshoppe.ab.ca).

## OWNERS ARE WORLD-CLASS PIPERS

Both owners of the Highland Scottish Gift Shoppe Ltd., brother and sister, Bill and Jeanie Hawes, are world-class pipers.

With credentials and accolades from all of Scotland, Canada North America, bring their talent to Calgary.

The Hawes' are available for hire for special events of all occasions, including weddings, private parties and more.

Holiday Gift Cards. METRO CUSTOM PUBLISHING



## CELTIC MYSTICAL UNDERTONE TO YOUR EVENT?

*Rent or purchase your formal Highland kilts.*

*We rent all sizes of Highland Wear from size 2 to 60.*

**Reserve your Highland outfit for Christmas Parties and Robbie Burns Night!**



Our Exclusive Celtic Jewellery Collection, INCLUDING Diamond Engagement and Wedding Bands!!



**\$150 PLUS GST**

**FOR A CLASSY, AWE INSPIRING LOOK!**

**Weddings, Graduations, Black Tie Events, Cruises**

**INCLUDES: Kilt, Prince Charlie Jacket & Vest, Dress Sporran, Belt & Buckle & Flashes**

**You can still order your custom clan kilt and have it arrive for Robbie Burns Night! Don't delay!**

**Bagpipers for Hire for Weddings and Special Events: Credentials & Accolades**



**Highland Scottish Gift Shoppe**

**Scottish Formal Kilt Rentals & Sales**



390-85 St. SW visit us online at [WWW.HIGHLANDSHOPPE.AB.CA](http://WWW.HIGHLANDSHOPPE.AB.CA) 403.286.1932  
NEXT TO CANADA OLYMPIC PARK (must access store from the Trans Canada Hwy) ACRES OF PARKING!

**"Hope to see you in our Highlands of Calgary."**





## TAKE THE GUESSWORK OUT OF GIFT-GIVING

### TOY WAREHOUSE OFFERS GIFT CARDS

Take the guessing out of giving this Christmas with a gift card to Toy Warehouse.

See the joy on any child's face when you bring them into Toy Warehouse with a gift card of their own to spend.

"The beauty of a gift card is that you take the guess work out of the gift-giving process," says Adam Singfield, with Toy Warehouse.

"Toy Warehouse has so much to offer that customers sometimes find it difficult to decide on that perfect gift or stocking stuffer but a gift card enables the person receiving the gift to get exactly what he or she wants."

This discount toy store offers toys, games and collectibles at up to 70 per cent off what you might find at other toy stores.

Toy Warehouse is an open-concept store design that makes it easy for parents to keep an eye on their children as they run around and enjoy the many demo toys.

"Toy Warehouse is a community toy store that offers customers a relaxed



shopping environment where children are encouraged to play and have fun," says Singfield.

With new inventory every week to two weeks, Toy Warehouse always has a wide variety of great toys to offer.

This holiday season, Singfield says one of the most popular items is Samby, the robotic Saint Bernard, who sells for \$39.99 at Toy Warehouse.

The best way to take advantage of Toy Warehouse's big savings is to visit the store at 3181 32nd Street NE.

Or check out their new holiday e-flyer at [toywarehousecanada.com](http://toywarehousecanada.com).

## OPTIKO GIFT CARD MEANS DISCOUNT FOR RECEIVER

### 30 PER CENT OFF SECOND COMPLETE PAIR OF GLASSES

With a holiday gift card from Optiko Eyewear, that person on your gift list will be able to pick up that pair of glasses or sunglasses they have been eyeing.

Not only will you be giving them the gift of better sight, but also the gift of service when they shop at Optiko Eyewear.

"Our mission is to exceed our patients' expectation with a level of service and attention to detail that is matched with a desire to educate," says Lenor Haymour Optiko Eyewear Manager/Partner.

Available in \$50 or \$100 denominations, this gift card makes for the perfect gift for any occasion.

With the purchase of an Optiko Eyewear gift card, the receiver will also get 30 per cent off their second complete pair of glasses.

"The product lines we currently offer are arguably the best in the city," says Haymour.

With names such as Prada, Tom Ford, Versace and Dior, customers will not be disappointed with the selection.

They now also offer Chrome Hearts Eyewear exclusive eyewear line.

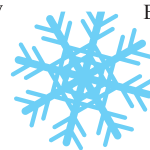
"Our knowledgeable team brings a fresh look to the ever growing diversity and fashion savvy in Calgary," says Haymour.

Optiko Eyewear also offers does onsite eye examines and has the state-of-the-art lens lab.

They also sell children's frames.

Optiko Eyewear in Sunridge Mall can't wait to see you at their newly opened store to help you with your eye care needs.

For more information about Optiko Eyewear, call 403-457-7000 or visit them online at [optiko.ca](http://optiko.ca).



## SAVE UP TO 70% OFF ON TOYS, GAMES & COLLECTIBLES AT TOY WAREHOUSE!

Toy Warehouse holiday e-flyer available online.

|   |  |  |
|---|--|--|
| <p><b>Samby the Robotic Saint Bernard</b><br/>\$39.99<br/>Value \$59.99</p>                           | <p><b>Liv - It's My Nature Nutmeg Horse</b><br/>\$24.99<br/>Value \$49.99</p>    | <p><b>Mega Bloks Dora's Pirate Adventure</b><br/>\$12.99<br/>Value \$27.99</p> |
| <p><b>Legoman Torch</b><br/>\$12.99<br/>Value \$29.99</p>   | <p><b>Optimus Prime Animated Supreme</b><br/>\$29.99<br/>Value \$59.99</p>       | <p><b>Tech Deck Ultimate Park</b><br/>\$16.99<br/>Value \$39.99</p>            |
| <p><b>Star Wars General Grievous Spinning Electronic Lightsaber</b><br/>\$19.99<br/>Value \$39.99</p> | <p><b>Monster High Dawn of the Dance Dolls</b><br/>\$19.99<br/>Value \$34.99</p> | <p><b>Twilight Action Figures</b><br/>\$9.99<br/>Value \$19.99</p>             |

**TOY WAREHOUSE**  
BRAND NAME TOYS FOR LESS!!!

3181 32nd Street N.E. • 403-453-1595 • [TOYWAREHOUSECANADA.COM](http://TOYWAREHOUSECANADA.COM)

Prices valid only while quantities last.

**Optiko**  
eyewear  
Optometrist/Optician

**25% off**  
**frames for the month of December!**



Like us on Facebook to be entered to win a \$500 shopping spree or 1 of 4 ipads!

Opticians/Optometrists In Sunridge Mall by the Bay lower level  
Optiko Eyewear... Love your Eyes!

Dr. Aarti Nayar Accepting new patients. Call 403.457.7000 for details • [www.optiko.ca](http://www.optiko.ca)





## MVP Braun facing ban for alleged PED use

Ryan Braun certainly doesn't fit the image fans conjure up when they hear that a baseball slugger has been accused of using performance-enhancing drugs.

Since he joined the Milwaukee Brewers, Braun has belted big home runs not with cartoonishly large muscles, but with a sweet swing and an ultra-quick bat. Last season, he helped drive the Brewers to the playoffs and was voted the NL's Most Valuable Player.

Now Braun finds himself fighting a 50-game suspension after news leaked that he has tested positive. Braun's representatives steadfastly maintain his innocence.

ESPN cited two sources Saturday in first reporting the result, saying Braun tested positive for elevated levels of testosterone, adding that a later test by the World Anti-Doping Agency lab in Montreal determined the testosterone was synthetic.

A spokesman for Braun said in a statement issued to ESPN and The Associated Press that "there are highly unusual circumstances surrounding this case which will support Ryan's complete innocence."

"There was absolutely no intentional violation of the program," Matthew Hiltzik said in a statement sent by the four-time all-star left fielder's representatives.

The case is still being appealed to an arbitrator under MLB's drug program, people familiar with the situation told the AP. The people spoke on condition of anonymity because the appeal is ongoing and said Braun and others involved in the appeals process have known about the positive test since late October.

THE ASSOCIATED PRESS



► Mark Scheifele takes a breather at Canada's world junior selection camp in Calgary yesterday.

# Scheifele at centre of Canada's WJC hopes

- Jets' top pick looks to come out of camp as national team's No. 1 centre
- 'I'm going to do whatever it takes to do that,' says confident 18-year-old

Three NHL centres could have played for Canada's junior team, but won't, leading to questions about the country's depth up the middle for the upcoming world junior hockey championships.

Ryan Nugent-Hopkins of the Edmonton Oilers, Ryan Johansen of the Columbus Blue Jackets and Sean Couturier of the Philadelphia Flyers were not released to try out for Canada by their respective NHL clubs.

When the players invited to Canada's selection camp hit the ice for the first time yesterday in Calgary, it looked like only six centres were competing for four jobs on the team.

But head coach Don Hay and Hockey Canada head scout Kevin Prendergast insist Canada won't be short at centre. As many as five who started camp on the wing can also play in the middle, Prendergast said.

"I would do wingers in the middle," Hay agreed prior to the first intra-squad game last night. "There's going to be guys that play out of position. There's go-

### Tryout timeline



Forty-two players reported to camp in Calgary on Saturday.

► Canadian head coach Don Hay intends to thin the

ing to be roles for different players. I think good players can adapt."

Prendergast has said the team wants two scoring centres and two more to play a two-way game.

Mark Scheifele of the Barrie Colts and Ryan Strome of the Niagara IceDogs are the frontrunners for two of the four jobs. While the world junior championship is considered a 19-year-old's tournament, they are both 18.

Scheifele, from Kitchen, Ont., played seven games with the Winnipeg Jets and scored his first NHL goal before he was returned

crowd with the first round of cuts tomorrow morning after watching the players in two intra-squad games.

► The remaining players face a team of university selects in an exhibition game tomorrow night. Hay will announce Canada's 22-player roster Wednesday.

► The tournament gets underway on Dec. 26 and will be played in Calgary and Edmonton.

to the Colts. He is putting it out there that he wants to be the No. 1 centre on the Canadian team.

"I think it's definitely important to make goals like that," Scheifele said. "That's definitely my goal, to be the No. 1 centre. I'm going to do whatever it takes to do that."

Although Strome didn't appear in any regular-season games with the New York Islanders, they kept the Mississauga, Ont., native with the team until Oct. 13.

"They're high-profile young men," Hay said. "They've been exposed to

the National Hockey League level and played in some exhibition games and some regular season games.

"They're like anybody else. They have to show us they can play a 200-foot game and be good on both sides of the puck and not just be an offensive guy, but a good defensive guy."

The Jets took Scheifele seventh overall in this year's NHL draft. While he's bigger than Strome at almost six-foot-two and 192 pounds, Prendergast says both have good hockey sense and distribute the puck well.

Scheifele has 13 goals and 23 assists in 19 games for the Colts since returning from the NHL.

Strome, the fifth overall pick the Isles, has 16 goals and 17 assists in 32 games for the IceDogs. The six-foot, 183-pound forward is prepared to be a checking forward if that's what it takes to make the team.

"Everybody's got to go out there and play the body and be gritty and that's what I plan to do," Strome said. THE CANADIAN PRESS

# 4 sports

### Quoted



**"It's a piss-off. Sorry, that's as blunt as I can be. We're not happy, we felt like we laid down a good skate, and in our opinions a good enough skate to win and obviously we're missing something."**

CANADIAN OLYMPIC ICE DANCE CHAMPION SCOTT MOIR AFTER HE AND PARTNER TESSA VIRTUE WERE AWARDED A SILVER MEDAL AT THE ISU GRAND PRIX FINAL YESTERDAY IN QUEBEC CITY. VIRTUE AND MOIR SCORED 112.33 POINTS FOR WHAT THEY FELT WAS A GOLD-MEDAL FREE DANCE AND 183.34 POINTS OVERALL. BUT AMERICAN WORLD CHAMPIONS MERYL DAVIS AND CHARLIE WHITE CLAIMED GOLD, EDGING THE CANADIANS BY 0.05 POINTS IN THE FREE DANCE FOR A TOTAL SCORE OF 188.55.



NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

|                | GP | W  | L  | OTL | SL | GF  | GA  | Pts | Home     | Away     | Last 10 | Strk |
|----------------|----|----|----|-----|----|-----|-----|-----|----------|----------|---------|------|
| d-Philadelphia | 28 | 18 | 7  | 2   | 1  | 101 | 81  | 39  | 8-4-1-1  | 10-3-1-0 | 7-3-0-0 | W5   |
| d-Boston       | 28 | 18 | 9  | 0   | 1  | 94  | 59  | 37  | 10-6-0-1 | 8-3-0-0  | 7-2-0-1 | W1   |
| d-Florida      | 30 | 16 | 9  | 2   | 3  | 82  | 77  | 37  | 6-2-1-3  | 10-7-1-0 | 5-3-2-0 | L2   |
| NY Rangers     | 27 | 17 | 6  | 1   | 3  | 83  | 60  | 38  | 8-2-0-2  | 9-4-1-1  | 7-2-0-1 | W2   |
| Pittsburgh     | 30 | 17 | 9  | 2   | 2  | 94  | 75  | 38  | 8-2-2-0  | 9-7-0-2  | 6-3-1-0 | W1   |
| Toronto        | 29 | 15 | 11 | 2   | 1  | 91  | 94  | 33  | 6-4-2-1  | 9-7-0-0  | 5-4-1-0 | L2   |
| Buffalo        | 29 | 15 | 12 | 1   | 1  | 79  | 79  | 32  | 7-9-1-1  | 8-3-0-0  | 3-5-1-1 | L1   |
| Washington     | 28 | 15 | 12 | 0   | 1  | 88  | 89  | 31  | 10-4-0-1 | 5-8-0-0  | 5-5-0-0 | W2   |
| Montreal       | 30 | 12 | 11 | 2   | 5  | 74  | 77  | 31  | 4-5-2-4  | 8-6-0-1  | 2-3-2-3 | W1   |
| Winnipeg       | 29 | 13 | 12 | 3   | 1  | 82  | 92  | 30  | 9-4-0-0  | 4-8-3-1  | 6-3-1-0 | L1   |
| Ottawa         | 30 | 13 | 13 | 2   | 2  | 91  | 105 | 30  | 7-6-0-1  | 6-7-2-1  | 3-4-2-1 | L3   |
| New Jersey     | 28 | 14 | 13 | 0   | 1  | 71  | 80  | 29  | 6-5-0-1  | 8-8-0-0  | 4-6-0-0 | L1   |
| Tampa Bay      | 29 | 12 | 15 | 0   | 2  | 75  | 96  | 26  | 7-4-0-0  | 5-11-0-2 | 3-7-0-0 | L2   |
| NY Islanders   | 27 | 9  | 12 | 4   | 2  | 62  | 88  | 24  | 6-7-3-0  | 3-5-1-2  | 4-3-2-1 | L2   |
| Carolina       | 31 | 9  | 18 | 2   | 2  | 79  | 108 | 22  | 5-9-0-2  | 4-9-2-0  | 2-8-0-0 | L1   |

WESTERN CONFERENCE

|             | GP | W  | L  | OTL | SL | GF | GA | Pts | Home     | Away     | Last 10 | Strk |
|-------------|----|----|----|-----|----|----|----|-----|----------|----------|---------|------|
| d-Minnesota | 30 | 20 | 7  | 2   | 1  | 79 | 64 | 43  | 10-4-1-0 | 10-3-1-1 | 8-2-0-0 | W7   |
| d-Chicago   | 30 | 18 | 8  | 1   | 3  | 99 | 92 | 40  | 9-2-0-3  | 9-6-1-0  | 6-3-0-1 | W2   |
| d-Dallas    | 28 | 16 | 11 | 0   | 1  | 73 | 78 | 33  | 9-4-0-1  | 7-7-0-0  | 5-4-0-1 | W1   |
| Detroit     | 28 | 18 | 9  | 1   | 0  | 89 | 62 | 37  | 12-2-1-0 | 6-7-0-0  | 8-2-0-0 | W2   |
| Vancouver   | 29 | 18 | 10 | 0   | 1  | 77 | 71 | 37  | 8-4-0-1  | 10-6-0-0 | 9-1-0-0 | W4   |
| St. Louis   | 29 | 17 | 9  | 0   | 3  | 71 | 62 | 37  | 11-3-0-1 | 6-6-0-2  | 7-2-0-1 | W3   |
| Phoenix     | 29 | 15 | 11 | 1   | 2  | 77 | 76 | 33  | 6-6-1-1  | 9-5-0-1  | 5-5-0-0 | L2   |
| San Jose    | 27 | 15 | 10 | 2   | 0  | 75 | 64 | 32  | 8-6-1-0  | 7-4-1-0  | 4-5-1-0 | L2   |
| Nashville   | 29 | 14 | 11 | 3   | 1  | 77 | 79 | 32  | 5-5-2-1  | 9-6-1-0  | 4-6-0-0 | W2   |
| Edmonton    | 30 | 14 | 13 | 0   | 3  | 83 | 80 | 31  | 9-5-0-2  | 5-8-0-1  | 4-5-0-1 | L1   |
| Calgary     | 29 | 14 | 13 | 1   | 1  | 73 | 80 | 30  | 8-5-1-1  | 6-8-0-0  | 6-3-0-1 | W3   |
| Los Angeles | 29 | 13 | 12 | 2   | 2  | 65 | 67 | 30  | 8-9-0-1  | 5-3-2-1  | 3-6-1-0 | L4   |
| Colorado    | 30 | 13 | 16 | 1   | 0  | 78 | 91 | 27  | 7-9-0-0  | 6-7-1-0  | 4-6-0-0 | L3   |
| Anaheim     | 29 | 8  | 16 | 2   | 3  | 67 | 95 | 21  | 6-9-1-0  | 2-7-1-3  | 2-7-1-0 | L2   |
| Columbus    | 29 | 8  | 17 | 1   | 3  | 71 | 99 | 20  | 5-8-1-1  | 3-9-0-2  | 3-4-2-1 | L2   |

Second Period

3. Vancouver, Kesler 7 (H.Sedin, D.Sedin) 8:35 (pp)  
4. Ottawa, Greening 7 (Spezza, Lee) 18:48  
**Penalties** — Ottawa bench (too many men; served by Foligno) 4:11, Regan Ott (hooking) 8:20, Ballard Vcr (roughing), Foligno Ott (boarding, misconduct) 10:05, H.Sedin Vcr (interference) 19:32.  
**Third Period**  
5. Vancouver, Weise 2 (Rome) 16:30  
**Penalties** — Lapierre Vcr (roughing, misconduct) 2:44, Edler Vcr (cross-checking) 3:25, Butler Ott (high-sticking) 6:02.  
**Shots**  
Vancouver 9 11 8 28  
Ottawa 9 5 10 25  
**Goal** — Vancouver: Luongo (W,11-6-1); Ottawa: Anderson (L,12-10-2). **Power plays (goals-chances)** — Vancouver: 2-5; Ottawa: 0-5.  
**Referees** — Kevin Pollock, Marcus Vinnerborg.  
**Linesmen** — Pierre Champoux, Derek Nansen.  
**Attendance** — 19,171 (19,153) at Ottawa.

RED WINGS 7, JETS 1

First Period

1. Winnipeg, Little 10 (Wheeler, Kane) 0:35  
2. Detroit, Bertuzzi 3 (Franzen, Lidstrom) 6:47  
3. Detroit, Zetterberg 6 (V.Filippula, Kronwall) 14:56  
**Penalties** — None.  
**Second Period**  
4. Detroit, Hudler 5 (Franzen, Datsyuk) 4:03  
5. Detroit, Conner 1 (Cleary, Helm) 4:43  
6. Detroit, V.Filippula 10 (Datsyuk, White) 9:31  
7. Detroit, Miller 3 (B.Stuart, Bertuzzi) 12:41  
**Penalties** — Little Wpg (tripping) 7:42, Bertuzzi Det (hooking) 7:59, Ericsson Det (holding) 12:59, M.Stuart Wpg (interference) 16:43, Antropov Wpg (slashing) 18:52.  
**Third Period**  
8. Detroit, Hudler 6 (Zetterberg) 1:12  
**Penalties** — None.  
**Shots**  
Winnipeg 9 9 12 30  
Detroit 12 13 4 29  
**Goal (shots-saves)** — Winnipeg: Pavelec (L,10-10-4)(26-19), Mason (1:12 third)(3-3); Detroit: Howard (W,17-6-1). **Power plays (goals-chances)** — Winnipeg: 0-2; Detroit: 0-3.  
**Referees** — Gord Dwyer, Marc Joannette.  
**Linesmen** — Brian Mach, Scott Driscoll.  
**Attendance** — 20,066 (20,066) at Detroit.

FLAMES 3, OILERS 0

First Period

No Scoring.  
**Penalties** — Iginla Cal (cross-checking) 3:58, Jones Edm (goaltender interference) 13:31.  
**Second Period**  
1. Calgary, Kostopoulos 3 (Smith, Stajan) 13:45 (pp)  
2. Calgary, Iginla 10 (Morrison, Bouwmeester) 19:44  
**Penalties** — Whitney Edm (roughing), Jokinen Cal (double high-sticking) 8:23, Gagner Edm (slashing) 11:46, Petry Edm (tripping) 18:43, Jokinen Cal (interference) 19:14.  
**Third Period**  
3. Calgary, Iginla 11 (Jokinen) 19:40 (en)  
**Penalties** — Horcoff Edm (tripping) 1:10, Gilbert Edm (slashing) 8:17, Edmonton bench (too many men; served by Hordichuk) 15:05.  
**Shots**  
Edmonton 6 6 9 21  
Calgary 11 16 7 34  
**Goal** — Edmonton: Dubnyk (L,4-7-0); Calgary: Kiprusoff (W,14-9-1). **Power plays (goals-chances)** — Edmonton: 0-4; Calgary: 1-7.  
**Referees** — Eric Furlatt, Jean Hebert.  
**Linesmen** — Michel Cormier, Jonny Murray.  
**Attendance** — 19,289 (19,289) at Calgary.

SOCCER

ENGLAND

PREMIER LEAGUE

| Team          | GP | W  | D | L  | GF | GA | Pts |
|---------------|----|----|---|----|----|----|-----|
| Man City      | 14 | 12 | 2 | 0  | 48 | 13 | 38  |
| Man United    | 15 | 11 | 3 | 1  | 35 | 14 | 36  |
| Tottenham     | 14 | 10 | 1 | 3  | 30 | 18 | 31  |
| Arsenal       | 15 | 9  | 2 | 4  | 31 | 23 | 29  |
| Chelsea       | 14 | 9  | 1 | 4  | 31 | 17 | 28  |
| Liverpool     | 15 | 7  | 5 | 3  | 18 | 13 | 26  |
| Newcastle     | 15 | 7  | 5 | 3  | 21 | 19 | 26  |
| Stoke         | 15 | 6  | 3 | 6  | 16 | 24 | 21  |
| Aston Villa   | 15 | 4  | 7 | 4  | 18 | 19 | 19  |
| Norwich       | 15 | 4  | 6 | 24 | 28 | 19 | 18  |
| Swansea       | 15 | 4  | 5 | 6  | 16 | 20 | 17  |
| Everton       | 14 | 5  | 1 | 8  | 15 | 18 | 16  |
| QPR           | 15 | 4  | 4 | 7  | 15 | 26 | 16  |
| Fulham        | 15 | 3  | 6 | 6  | 16 | 18 | 15  |
| West Brom     | 15 | 4  | 3 | 8  | 14 | 23 | 15  |
| Sunderland    | 15 | 3  | 5 | 7  | 18 | 18 | 14  |
| Wolverhampton | 15 | 4  | 2 | 9  | 16 | 28 | 14  |
| Wigan         | 15 | 3  | 4 | 9  | 14 | 29 | 12  |
| Blackburn     | 15 | 2  | 3 | 9  | 22 | 34 | 10  |
| Bolton        | 15 | 3  | 0 | 12 | 20 | 36 | 9   |

Yesterday's results

Stoke 2 Tottenham 1  
Sunderland 2 Blackburn 1

ITALY

SERIE A

| Team          | GP | W | D | L  | GF | GA | Pts |
|---------------|----|---|---|----|----|----|-----|
| Udinese       | 14 | 9 | 3 | 2  | 18 | 7  | 30  |
| Juventus      | 13 | 8 | 5 | 0  | 24 | 10 | 29  |
| AC Milan      | 14 | 8 | 4 | 2  | 31 | 16 | 28  |
| Lazio         | 14 | 8 | 4 | 2  | 22 | 11 | 28  |
| Napoli        | 14 | 5 | 6 | 3  | 22 | 14 | 21  |
| Palermo       | 14 | 6 | 2 | 6  | 16 | 16 | 20  |
| Genoa         | 13 | 5 | 3 | 5  | 16 | 16 | 18  |
| Catania       | 14 | 4 | 6 | 4  | 15 | 20 | 18  |
| Cagliari      | 14 | 4 | 6 | 4  | 12 | 13 | 18  |
| Inter Milan   | 13 | 5 | 2 | 6  | 16 | 18 | 17  |
| Roma          | 13 | 5 | 2 | 6  | 15 | 17 | 17  |
| Parma         | 14 | 5 | 1 | 8  | 15 | 20 | 16  |
| x-Atalanta    | 14 | 5 | 7 | 2  | 17 | 16 | 16  |
| Florentina    | 14 | 4 | 5 | 5  | 13 | 13 | 16  |
| Chievo Verona | 14 | 4 | 4 | 6  | 11 | 18 | 16  |
| Bologna       | 14 | 4 | 3 | 7  | 13 | 20 | 15  |
| Siena         | 14 | 3 | 5 | 6  | 14 | 14 | 14  |
| Cesena        | 14 | 3 | 3 | 8  | 7  | 15 | 12  |
| Novara        | 14 | 2 | 5 | 7  | 14 | 25 | 11  |
| Lecce         | 14 | 2 | 2 | 10 | 13 | 26 | 8   |

x — penalized six points in betting scandal.

Yesterday's results

Atalanta 1 Catania 1  
Bologna 2 AC Milan 2  
Cagliari 0 Parma 0  
Novara 1 Napoli 1  
Udinese 2 Chievo Verona 1

SPAIN

LA LIGA

Yesterday's results

Athletic Bilbao 1 Racing Santander 1  
Espanyol 4 Atletico Madrid 2  
Getafe 1 Granada 0  
Malaga 1 Osasuna 1  
Rayo Vallecano 1 Sporting Gijon 3  
Villarreal 1 Real Sociedad 1  
Zaragoza 0 Mallorca 1

GERMANY

BUNDESLIGA

Yesterday's results

Borussia Dortmund 1 Kaiserslautern 1  
Stuttgart 1 Bayern Munich 2

FRANCE

LIGUE 1

Yesterday's results

Auxerre 2 Nice 1  
Lille 2 Dijon 0  
Lorient 0 Lyon 1

SPEED SKATING

SHORT TRACK WORLD CUP

At Shangnai  
(all distances in metres)

MEN

500

1. Charles Hamelin, Ste-Julie, Que., 40.905 seconds.  
2. Jon Eley, Britain, 41.054.  
3. Liang Wenhao, China, 41.178.  
4. Charlie Cournoyer, Longueuil, Que., 41.239.  
**Overall Standings**  
1. Olivier Jean, Lachenaie, Que., 3,000.  
2. Liang Wenhao, China, 2,804.  
3. Jon Eley, Britain, 2,719.  
4. Charles Hamelin, Ste-Julie, Que., 2,600.  
5. Gong Qiwen, China, 2,150.  
1,000  
1. Kwak Yoon-gy, South Korea, 1:25.300.  
2. Olivier Jean, Lachenaie, Que., 1:25.451.  
3. Noh Jinhyu, South Korea, 1:25.971.  
4. Michael Gil-ya, Yellowknife, 1:25.989.  
**Overall Standings**  
1. Kwak Yoon-gy, South Korea, 4,312.  
2. Noh Jinhyu, South Korea, 2,096.  
3. Charles Hamelin, Ste-Julie, Que., 2,000.  
4. Olivier Jean, Lachenaie, Que., 1,952.  
5. Michael Gil-ya, Yellowknife, 1,952.  
5,000 RELAY  
1. China, 6:38.567.  
2. Canada (Michael Gilday, Yellowknife; Charles Hamelin, Ste-Julie, Que.; Olivier Jean, Lachenaie, Que.; Remi Beaulieu, Alma, Que.), 6:47.326.  
3. Britain, 6:38.222.  
4. South Korea, penalty.  
**Overall Standings**  
1. South Korea, 2,664.  
2. Canada, 2,650.  
3. China, 2,536.  
4. Russia, 2,338.  
5. Britain, 2,178.  
**WOMEN**  
500  
1. Arianna Fontana, Italy, 44.026 seconds.  
2. Liu Qihong, China, 44.111.  
3. Fan Kexin, China, 44.130.  
4. Caroline Truchon, Chicoutimi, Que., 44.299.  
5. Jessica Smith, U.S., penalty.  
**Overall Standings**  
1. Martina Valcepina, Italy, 3,470.  
2. Liu Qi-uhong, China, 3,294.  
3. Arianna Fontana, Italy, 3,000.  
4. Fan Kexin, China, 2,690.  
5. Marianne St-Gelais, Roberval, Que., 2,000.  
1,000  
1. Katherine Reutter, U.S., 1:31.387.  
2. Li Jianrou, China, 1:30.927.  
3. Yui Sakai, Japan, 1:31.612.  
4. Lana Gehring, U.S., 1:32.187.  
5. Cho Ha-ri, South Korea, 1:30.686.  
**Overall Standings**  
1. Yui Sakai, Japan, 3,050.  
2. Elise Christie, Britain, 2,230.  
3. Li Jianrou, China, 1,962.  
4. Katherine Reutter, U.S., 1,000.  
5. Lana Gehring, U.S., 1,640.  
3,000 RELAY  
1. China, 4:12.394.  
2. U.S., 4:13.000.  
3. Japan, 4:13.763.  
4. Russia, 4:13.854.  
**Overall Standings**  
1. China, 3,640.  
2. Japan, 2,408.  
3. South Korea, 1,948.  
4. Canada, 1,836.  
5. Italy, 1,672.

GOLF

DUBAI WORLD CHAMPIONSHIP

At Dubai, United Arab Emirates

Par 72 — Final Round

|                    |                 |
|--------------------|-----------------|
| Alvaro Quiros      | 68-64-64-67=269 |
| Paul Lawrie        | 65-73-66-67=271 |
| Luke Donald        | 72-68-66-66=271 |
| Peter Hanson       | 64-72-71-67=274 |
| Charl Schwartzel   | 69-71-68-67=275 |
| Louis Oosthuizen   | 72-67-66-71=276 |
| Francesco Molinari | 71-68-68-69=276 |
| Robert Rock        | 68-69-71-69=277 |
| Shane Lowry        | 69-70-68-70=277 |
| Pablo Larrazabal   | 71-68-70-69=278 |
| Graeme McDowell    | 71-71-71-66=279 |
| Rory McIlroy       | 66-71-71-71=279 |
| Sergio Garcia      | 67-73-68-71=279 |
| Martin Kaymer      | 73-71-64-71=279 |
| Robert Karlsson    | 73-72-68-66=279 |

GET IT ANYTIME.  
ANYWHERE.

Scan this now, to get more  
metroclassifieds on your mobile.

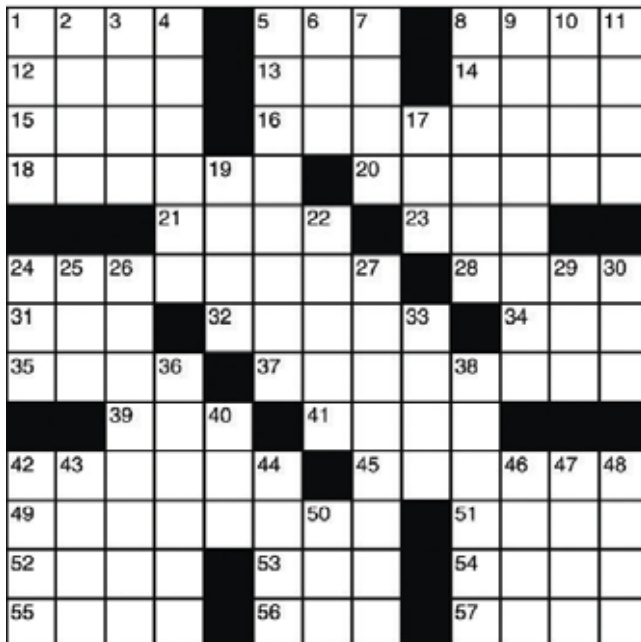
## Crossword

### Across

- 1 Eastern European  
5 Use a crowbar  
8 Resistance measures  
12 Chantilly, e.g.  
13 Individual  
14 Reach 212 degrees, perhaps  
15 Microwave, for one  
16 Willingness to wait  
18 No-goodnik  
20 Bit of progress  
21 Makes a mistake  
23 Neither partner  
24 New England football team  
28 Astronaut Armstrong  
31 "This tastes awful!"  
32 Wall painting  
34 Ram's mate  
35 Standard  
37 New Jersey city  
39 Corn spike  
41 Purple shade  
42 Sculpture  
45 Pale brown monkey  
49 Spoke rapid-fire  
51 Conflagration  
52 Out of the storm  
53 — carte  
54 Rim  
55 Fix  
56 Firmament  
57 Smell bad

### Down

- 1 Unkempt one



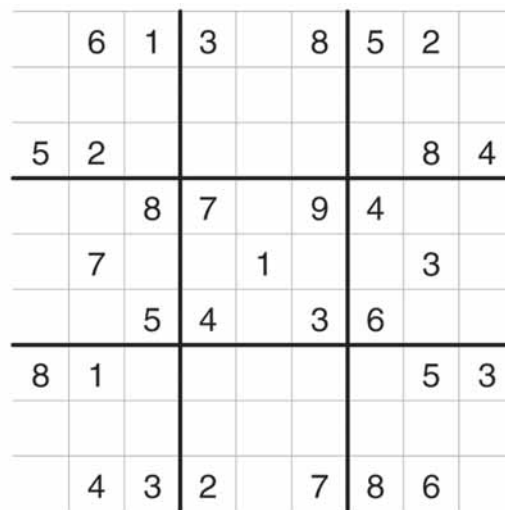
- 2 Volcano outflow  
3 Scored 100 on  
4 Plywood layer  
5 Boy band, e.g.  
6 Genetic letters  
7 Bigfoot's cousin  
8 Fairy king  
9 Award recipients  
10 Isinglass  
11 Coaster  
17 Hostel  
19 Bleak  
22 Knapsack part  
24 Play on words  
25 Past  
26 Menace

- 27 "— Night Live"  
29 Jima preceder  
30 Author Deighton  
33 Walesa of Poland  
36 In a thick tangle, as hair  
38 Close-fitting jacket  
40 Regret  
42 Unwanted email  
43 Story  
44 Historic periods  
46 Faction  
47 Incite  
48 Look for  
50 Wapiti

### ► Friday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Thursday's answer ►

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 4 | 3 | 7 | 6 | 1 | 9 | 8 | 2 | 5 |
| 9 | 5 | 6 | 8 | 2 | 3 | 1 | 7 | 4 |
| 1 | 2 | 8 | 4 | 7 | 5 | 6 | 3 | 9 |
| 2 | 1 | 4 | 9 | 5 | 7 | 3 | 6 | 8 |
| 6 | 7 | 9 | 2 | 3 | 8 | 4 | 5 | 1 |
| 5 | 8 | 3 | 1 | 4 | 6 | 7 | 9 | 2 |
| 3 | 9 | 5 | 7 | 8 | 1 | 2 | 4 | 6 |
| 7 | 4 | 1 | 5 | 6 | 2 | 9 | 8 | 3 |
| 8 | 6 | 2 | 3 | 9 | 4 | 5 | 1 | 7 |

## A look at the weather

| TODAY              | TUESDAY             | WEDNESDAY           |
|--------------------|---------------------|---------------------|
| Min -8°<br>Max -5° | Min -12°<br>Max -4° | Min -13°<br>Max -5° |

### Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta". WEEKDAYS 5:30 A.M.



## Today's horoscope

- ♈ **Aries** March 21-April 20 You will do the opposite of what everyone thinks you will do, not because you have to but because you like to be unpredictable.  
♉ **Taurus** April 21-May 21 The best things in life are free.  
♊ **Gemini** May 22-June 21 There seems to be some tension in your dealings with other people.  
♋ **Cancer** June 22-July 22 Something unexpected will knock you back a bit today and it will take you a while to find your stride again.  
♌ **Leo** July 23-Aug. 23 There is nothing you cannot handle. There

is nothing you cannot do. Be extraordinary.

♍ **Virgo** Aug. 24-Sept. 22 If someone annoys you today the best and safest way to deal with them is to turn your back and walk away.

♎ **Libra** Sept. 23-Oct. 23 You will have to take sides in a dispute of some kind today.

♏ **Scorpio** Oct. 24-Nov. 22 Put your own needs first today and don't worry that some people may think you are being selfish.

♐ **Sagittarius** Nov. 23-Dec. 21 You will be extremely active over the next seven days as you strive to

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

complete the various tasks you started in recent weeks.

♑ **Capricorn** Dec. 22-Jan. 20 Go out of your way to help someone in need.

♒ **Aquarius** Jan. 21-Feb. 18 Stop dreaming about what you would like to do and actually start doing it.

♓ **Pisces** Feb. 19-March 20. Do other people's achievements inspire you or make you envious? If it's the latter you need to realize that envy can motivate you as much as more positive emotions. Envy is only a bad thing if you do nothing with it. **SALLY BROMPTON**



## Caption contest

"Stop monkeying around and take the picture already!!"

STEFANH



PETR DAVID JOSEK/THE ASSOCIATED PRESS

**WIN! You write it!**

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

Choose Routes get **FREE** Delivery, pick & drop off service

Winter – No Problem BE SAFE.  
Try our Brand new SUV 2012 only for \$45.89\* per day

Contact us at [nadir@routescarrentals.com](mailto:nadir@routescarrentals.com) or at 403.966.1110  
Calgary International Airport, and 107, 700 Moraine RD. NE

**ROUTES**  
CAR & TRUCK RENTALS

\* - Minimum Rentals for 30 days & more - 3000 km per month with 18 cent per km overage charge - with Replacement & Service

**PUCKER UP...VIRTUALLY!**

Tell your friends, family or that secret crush just how you feel with a Metro Kiss...then share it with the world through Facebook and Twitter.

All kisses will appear online and a selection will appear in print too!

Visit [metronews.ca](http://metronews.ca) daily to see who loves whom, or...who loves you!



metro



2009 HYUNDAI SANTE FE **\$23,980**



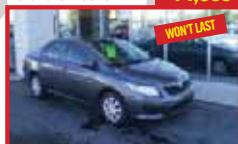
#280552T 52,100 KM • AWD • LOADED! • HTD LTHR

2008 TOYOTA RAV4 **\$26,888**



#145273LP 45,875 KM • LTD • V6 • 4WD • 7 PASS

2010 TOYOTA COROLLA **\$14,995**



#300227P 43,000 KM • CE • AUTO • A/C

2008 TOYOTA YARIS **\$11,988**



#186262T 44,500 KM • SPOILER • HOOD DEF

2003 SATURN VUE **\$7,995**



#127101P 144,400 KM • 4CYL • 2 SETS OF TIRES

2008 HONDA ACCORD **\$18,988**



#08146T 50,000 KM • EX • LOADED • ROOF

2009 TOYOTA CAMRY **\$16,888**



#333710T 74,500 KM • 4CYL • ATC • PW/PL

2008 TOYOTA TACOMA **\$30,480**



#553147P 61,200 KM • TRD • DCAB • 4X4

2008 TOYOTA TUNDRA **\$24,800**



#503847LP 131,500 KM • SR5 • TRD • DCAB

2007 TOYOTA YARIS **\$10,980**



#063607LP 84,900 KM • 4DR • A/C • PW/PL

2007 MAZDA 5 **\$13,888**



#158701T 109,900 KM • GT • AUTO • A/C • ROOF

2009 CHRY PT CRUISER **\$11,888**



#005690P 55,000 KM • AUTO • 4CYL • A/C • AUTO

CANYON CREEK  
20 Years  
TOYOTA

TOYOTA  
Certified  
USED VEHICLES  
ONCE A TOYOTA, ALWAYS A TOYOTA

0%  
FINANCING AVAILABLE

YEAR END  
CLEAROUT  
ALL USED MODELS MUST GO NOW

2005 GRAND PRIX **\$9,995**



#346545T GTP • MOONROOF • HTD LTHR

2006 TOYOTA SIENNA **\$16,480**



#388673T 94,000 KM • CE • SPORT • 8 PASS

2005 HONDA CIVIC **\$9,995**



#814086T 131,100 KM • SI-G • ROOF • 4CYL

2006 NISSAN X-TERRA **\$17,800**



#500977T 115,000 KM • AWD • AUTO • CLEAN

2006 TOYOTA TACOMA **\$23,888**



#191939T ACCESS CAB • V6 • 4.0L • AWD • MORE

2007 PONTIAC MONTANA **\$10,988**



#189740T SV6 • SPORT • ONSTAR • REAR HEAT

2007 HONDA CIVIC **\$13,980**



#103970T 62,365 KM • LX • AUTO • NICE

2005 DODGE GR CARAVAN **\$9,980**



#146287T 95,000 KM • AUTO • A/C • DVD • MORE

2007 TOYOTA YARIS **\$9,980**



#083412LP ECP • HATCH • AUTO • A/C

2007 GMC ACADIA **\$25,888**



#108021T 94,600 KM • SLT • AWD • V6 • LTHR

2003 HONDA ODYSSEY **\$12,980**



#006152T 115,000 KM • EX-L • LTHR • LOADED

2009 TOYOTA COROLLA **\$13,488**



#031613LP A/C • KEYLESS • ECP • CE

2007 DODGE CALIBER **\$14,288**



#405887P 42,700 KM • SXT • ROOF • ALLOYS

2004 MAZDA **\$10,988**



#M05990T 73,000 KM • CAB PLUS • V6 • AUTO

2009 TOYOTA TACOMA **\$28,890**



#610785LP 22,500 KM • ACCESS CAB • TRD • 4X4

2005 TOYOTA 4RUNNER **\$22,888**



#030448T 133,000 KM • SR5 • V6 • SPORT

2005 TOYOTA SIENNA **\$23,888**



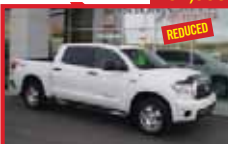
#045067P 100,700 KM • XLE • LTD • LOADED

2004 TOYOTA SIENNA **\$9,988**



#023811T LE • 3.5 • V6 • AUTO • LWR SLIDING DR

2010 TOYOTA TUNDRA **\$37,880**



#140102P 28,600 KM • SR5 • TRD • CREWMAX

2009 TOYOTA MATRIX **\$13,988**



#167226LP 82,000 KM • AUTO • FWD • ATC

2008 TOYOTA HIGHLANDER **\$29,888**



#019403LP 73,000 KM • SR5 • V6 • 4X4 • ALLOYS

2003 TOYOTA RAV4 **\$11,900**



#194451T 134,300 KM • 2.0L • 4CYL • ATC • 4WD

2002 PONTIAC GRAND AM **\$6,995**



#238095T 39,200 KM • COUPE • 5SPD • A/C

2001 HONDA ODYSSEY **\$7,995**



#006471T EX • V6 • PWR SLIDING DR • ATC



AT MACLEOD TRAIL AND CANYON MEADOWS DRIVE

www.CANYONCREEKTOYOTA.com

403-278-6066

\*PLEASE READ- ALL OFFERS OAC. FINANCING AVAILABLE FROM 0.9% ON SELECT TCUV UNITS. ALL PRICES EXCLUDE TAXES AND FEES. LIMITED TIME OFFERS. INVENTORY ACCURATE AT TIME OF PUBLICATION. VEHICLES MAY NOT BE EXACTLY AS DEPICTED. SEE DEALER FOR FULL DETAILS.